

Course Description

University: <i>University of Presov</i>	
Faculty/university workplace: <i>Faculty of Health Care</i>	
Code: <i>6KDH/KLDH 1-ER/25</i>	Course title: <i>Practical Training In Dental Hygiene 1</i>
Type, scope and method of educational activity: Type of educational activity: <i>Practical seminar</i> Scope of educational activity: <i>15 hour per week, 195 per semester</i> Method of educational activity: <i>Attendance</i>	
Number of credits: <i>7</i>	
Recommended semester: <i>1st year WT</i>	
Study grade: <i>Bachelor</i>	
Prerequisites:	
Conditions for completing the course: <i>The student is obliged to participate in 90% of the set range of exercises.</i> <i>Continuous assessment:</i> During the semester, the student performs clinical professional practice in professional laboratories 1 and 2 at the FZO PU - Department of Dental Hygiene and at the clinical contractual workplace DENT-PREV s.r.o. Prešov. During the semester, the student is continuously evaluated for practical skills and orally tested for theoretical knowledge. If a student is not successful in all parts of the assessment (orally and practically) (65% in total), he or she cannot participate in the final assessment in the examination period. The resulting assessment is calculated as the average of the assessment of practical skills and theoretical knowledge. <i>Finals assessment:</i> The course is completed with continuous assessment (PH). During the exam period, he/she passes an oral and practical exam. The student's overall success rate must be at least 50.00%. <i>Success criteria:</i> A - 100.00 - 90.00% B - 89.99 – 80.00% C - 79.99 – 70.00% D - 69.99 – 60.00% E - 59.99 – 50.00%. FX - 49.99% and below % Participation in classes: <i>117 hours of direct load</i> Interim evaluation of <i>20 hours of indirect load</i> Final assessment: <i>13 hours of indirect load</i>	
Educational outcomes: After completing the course, students are able to: <i>Knowledge:</i> <ul style="list-style-type: none">- identify the positions of the caregiver and the person being treated;- interpret the basic principles of ergonomic sitting of the caregiver and the principles of ergonomics of the work of a dental hygienist;- describe the techniques, system and aids necessary for individual oral hygiene;- know and describe the examination tools and periodontal instruments necessary for examination by a dental hygienist;- know the basic documentation intended for a dental hygienist. <i>Skills:</i>	

- demonstrate working with the examination tools necessary for treatment by a dental hygienist;
- realize the placement of the patient in the maxillary, mandibular and examination positions;
- demonstrate the ergonomically correct seating of the caregiver; placement of dental light;
- carry out work with examination and periodontal tools on tooth models and phantom;
- develop practical skills in working with examination and periodontal tools;
- instruct with basic hygiene aids directly in the mouth;
- present the correct records of the examination to the dental hygienist in the relevant documentation.

Competence:

To use knowledge and skills for professional and personal development, especially in the form of:

- demonstrating the ability to work with periodontal and examination tools;
- demonstrate the ability to implement theoretical knowledge and skills into the motivation and instruction of a patient with dental diseases.
- application of knowledge in the compilation of individual patient documentation.

Brief syllabus of the course:

1. Ergonomics of the dental hygienist's work – ergonomics of the dental hygienist's seating, patient positions, outpatient clinic lighting.
2. Basic equipment of a hygienist.
3. Individual oral hygiene - systems, techniques and aids. Motivation. Briefing.
4. Use of individual examination instruments and periodontal instruments.
5. Complete dental and hygienic documentation of the patient.

Recommended reading:

1. Kovaľová, E., a kol. 2017. *Parodontológia II – Mechanická liečba parodontu – Orálna hygiena VII.* Prešov: vydavateľstvo Michal Vaško, 2017. 468 s. ISBN 978-80-8198-005-3.
2. Kovaľová, E. 2013. *Motivačný atlas.* Prešov: Vydavateľstvo P. Šidelský Akcent Print, 2013. 22s. ISBN 978-80-9694-190-2.
3. Kovaľová, E., Novák, B. 2013. *Orálna hygiena V.* Prešov: Vydavateľstvo Pavol Šidelský, Akcent Print, 2013. 112 s. ISBN 978-80-8929-539-5.
4. Kovaľová, E., Ivančová, E. 2022. *Klasifikácia stavu orálnych tkanív. Extraorálne vyšetrenie.* Prešov: Vydavateľstvo Michal Vaško, 2022. 81s. ISBN 978-80-8198-069-5.
5. Kovaľová, E. a kol. 2024. *Manažment vyšetrenia, ošetrovania a kontrol v dentálnom tíme.* Prešov: Vydavateľstvo Michal Vaško, 2024, 153s. ISBN 978-80-8198-070-1.
6. Kovaľ, A., Jordán, D., Hudáková, L. 2022. *Ergonómia a manažment v dentálnej praxi.* Prešov: Z. Magdová – Tlačiareň s.r.o., 2022. 119s. ISBN 978-80- 974272-2-1.

Language which is necessary to complete the course:

english

Notes:

The student is obliged to attend 80% of the specified lectures and 90% of the specified practicals. The conditions for the semester thesis are published on the FZO PU website under the instructions for students in the section "Education and specialisations".

For students with specific needs, an individualized approach is provided based on the recommendation of the faculty coordinator for students with specific needs.

Course evaluation:

Total number of students evaluated: 230

A	B	C	D	E	FX

Lecturers:

PhDr. Bc. Ludmila Andraščíková, PhD, MBA, MPH., Mgr. Bc. Silvia Dolácká, PhDr. Michal Ferko

Date of last change:

24.3.2026

Approved by: *doc. MUDr. Eva Kovaľová, PhD. - guarantor*