

Sunrise Senior Living of Guildford



Erazmus stáž 26.5.2014 – 7.9. 2014
Alexandra Smatanová

Sunrise Senior Living of Guildford

- Ošetrovateľské služby seniorom
- Starostlivosť o seniorov (residential/ assisted living)
- Starostlivosť o pacientov trpiacich zhoršením mentálnej funkcie (reminiscence - AD, demencia, a iné)



Anne McCormac - koordinátorka
aktivít a dobrovoľníctva
Gemma Thomas - asistentka



Náplň stáže

- Prvé dva týždne:
- zoznamovanie sa s prostredím
- pozorovanie a zoznamovanie sa s personálom
- zoznamovanie sa s rezidentmi
- sledovanie aktivít

Náplň stáže

- Ostatné týždne:
- Asistovanie koordinátorke pri zostavovaní týždenného i denného kalendára aktivít

Hairdresser today

Time	Events	Where
10.00am	Armchair Aerobics with Anne	Activity Lounge
10.30am	Holy Communion	Activity Lounge
11.00am	Musical Morning with Anne	Activity Lounge
12.30pm	Lunch is served	Dining Room
2.00pm	Baking with Gemma	Activity Lounge
3.00pm	Afternoon Social with the Co-Ordinators	Bistro and Lounge
5.30pm	Supper is served	Dining Room
6.30pm	Coffee and a chat	Bistro

Sunrise at Guildford		June 2014		Astolat Way, Peasmarsh, Guildford, Surrey, GU3 1 Tel. 01483 307500	
Monday 9th June	Tuesday 10th June	Wednesday 11th June	Thursday 12th June		
Hairdresser today 10.00 Armchair Aerobics with Anne in the Activity Lounge 10.30 'Pins and Needles Club' in the Activity Lounge 11.00 Play Scrabble in the Bistro 2.00 Drive out in the mini-bus stop for tea 2.30 Enjoy a game of 'Mindbenders' with Anne in the Lounge 3.00 Afternoon Social in the Lounge 6.30 Sadie sings for us! In the Lounge	Hairdresser today 10.00 Armchair Aerobics with Anne in the Activity Lounge 10.30 Enjoy a hot drink and a game of Bingo with Anne in the Bistro 2.00 As part of the Afternoon Social - special treat - the ice-cream van visits! 3.00 Manicures with Doville in the Activity Lounge 6.30 Carla Bennett gives a talk in the Lounge	Hairdresser today 10.00 Armchair Aerobics in the Activity Lounge 10.30 Baking with Doville in the Activity Lounge 2.00 Drive and tour in the bus to Painshill Park with a cream tea to follow 2.30 Play Scrabble in the Bistro 3.00 Afternoon Social in the Bistro 6.30 Alan Poulton entertains in the Lounge	10.00 Armchair Aerobics with Sue in the Activity Lounge 11.15 Gentlemen's Club - a talk by Carla Bennett 2.00 Story Telling with Dorothy 2.30 Join James in the Activity Lounge for arts and crafts! 3.00 Afternoon Social in the Lounge 4.00 Matthew plays the piano for us in the Lounge 6.30 Film: 'Up at the Villa' Showing in the Activity Lounge		
Friday 13th June	Saturday 14th June	Sunday 15th June	June 2014		
Hairdresser today 10.00 Armchair Aerobics with Anne in the Activity Lounge 10.30 Musical Morning with Anne in the Sun Lounge 11.00 Golf Putting Challenge with Sarah in the Lounge 2.00 Afternoon Social in the Lounge 2.30 Word Search and puzzles in the Bistro 3.00 Concerto at the BBC Proms 2006 - Mozart's Clarinet Concerto in A in the Activity Lounge	10.00 Armchair Aerobics with Anne in the Activity Lounge 10.30 'Pins and Needles' Club - Our knitting club which runs in the Activity Lounge 11.00 'Boccia' the ball game with Barbara in the Lounge 2.30 Poetry reading with Anne in the Lounge 3.00 Afternoon Social in the Bistro 6.30 Film: To be arranged - Please see Saturday's daily sheets for details	10.00 Armchair Aerobics with Anne in the Activity Lounge 11.00 Have a game of Scrabble in the Bistro 12.00 Pre-Lunch drinks with Concierge, Duty Manager in the Bistro 2.00 Listen to classical music in the Lounge 3.00 Afternoon Social 4.30 Songs of Praise BBC1 in the Activity Lounge 7.30 Country File BBC1	Please see separate list for forthcoming month's special events. Please book your place on the minibus at least 2 days in advance. Remember first come first served!		

All information correct at time of publication. Please contact the Concierge for confirmation.

Náplň stáže

- Koordinácia aktivít
- Vedenie aktivít



Náplň stáže

- Účast a pomoc na výletech



Náplň stáže

- Asistovanie rezidentom – pomoc rôzneho druhu



Náplň stáže

- Ostatné týždne:
- Účasť na rôznych tréningoch (manual handling, challenging behaviour)
- Oboznámenie sa s a pochopenie the Gold Standard Framework
- Oboznamovanie sa s (nie len) etickými problémami v zariadení
- Neustále učenie sa chápať povahu demencie a rôzne jej prejavy

Náplň stáže

- Ostatné týždne:
- Aktívna snaha lepšie chápať povahu a problémy súvisiace so starostlivosťou na konci života
- Účasť na sociálnych a spoločenských aktivitách centra (BBQ, deň otvorených dverí a pod.)

Deň otvorených dverí



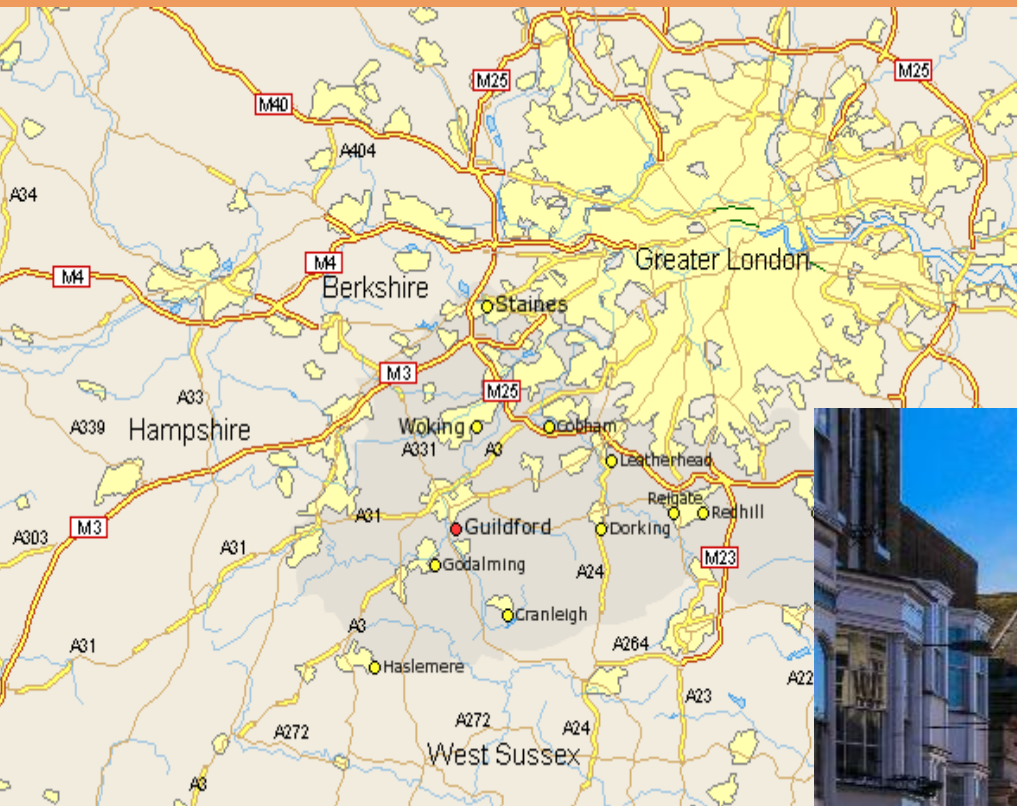
Pozitíva stáže

- Možnosť prepojiť teoretické vedomosti získané počas štúdia etiky s praxou (aplikovaná etika, profesijná etika, a pod.)
- Možnosť overiť si teoretické poznatky o starostlivosti na konci života v praxi
- Život v UK – spoznanie krajiny, zlepšenie Aj
- Spoznanie nových ľudí, ktorí ma duševne obohatili

Negatíva stáže

- žiadne

Volný čas



Ďakujem za pozornosť

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