

COURSE DESCRIPTION

University: <i>University of Presov</i>	
Faculty/university workplace: <i>Faculty of Health Care</i>	
Code: <i>6KFZ/KLCF6-ER/25</i>	Course title: <i>Practical Training in Physiotherapy 6</i>
Type, scope and method of educational activity: Type of educational activity: <i>Practical seminar</i> Scope of educational activity: <i>12 hour per week, 156 per semester</i> Method of educational activity: <i>Attendance</i>	
Number of credits: 8	
Recommended semester:	
Study grade: <i>Bachelor</i>	
Prerequisites: <i>6KFZ/KLCF5/22 - Clinical Examination in Physiotherapy 5</i>	
Conditions for passing the course: Form of assessment: Final evaluation: <i>Conditions for passing the course:</i> <i>The course ends with an exam. Evaluation of practical skills based on the evaluation of the teacher during the semester. Interim evaluation of the Clinical Practice Recorder 1.</i> <i>Participation in clinical exercises (150 hours of workload).</i> <i>Elaboration of case reports in the clinical recorder (30 hours of workload)</i> <i>Final rating:</i> <i>A (100 – 90.00%) – excellent (excellent results : numerical value 1);</i> <i>B (89.99 – 80.00%) – very good (above average results: 1.5);</i> <i>C (79.99 – 70.00%) – good (average results: 2);</i> <i>D (69.99 – 60.00%) – satisfactory (acceptable results: 2.5);</i> <i>E (59.99 – 50.00%) – sufficient (results meet minimum criteria: 3);</i> <i>FX (49.99% and below) - not enough (more work required : 4).</i>	
Learning outcomes: <i>Learning outcomes:</i> <i>The graduate of the course can:</i> <ul style="list-style-type: none"> - <i>Use the knowledge and skills of special clinical kinesiology and rehabilitation in the examination of the musculoskeletal system</i> - <i>Compile physiotherapy programs</i> - <i>On the basis of a functional examination of the locomotor system, apply physiotherapeutic treatment procedures in clinical practice.</i> - <i>Practically apply selected physiotherapeutic methods.</i> <i>Knowledge:</i> <i>Students, after getting acquainted with basic information, have an adequate level of understanding and skills at an adequate level for:</i> <ul style="list-style-type: none"> - <i>Defining and describing physiotherapy methodologies</i> - <i>Explaining the principles of methodologies and their use in practice</i> - <i>Description and qualitative evaluation of movement from the point of view of kinesiology</i> - <i>Characterization and diagnosis of pathological manifestations of movement</i> <i>Skills:</i> <i>The student has the ability to apply knowledge especially in the field of cognitive and practical:</i> <ul style="list-style-type: none"> - <i>Apply investigative and therapeutic methods of physiotherapy in practice</i> - <i>Based on the initial kinesiological analysis, plan a physiotherapeutic plan for the elimination of pathology</i> - <i>Develop new concepts of kinesiological analysis and apply them in practice</i> <i>Acquired competencies:</i> <ul style="list-style-type: none"> - <i>The student acquires professional competence / competence to perform his / her original profession or prepares to continue in the follow-up university study (§ 51 para. 1 of Act No. 131/2002) in accordance with the Decree of the Ministry of Education of the Slovak Republic as a field of knowledge (§ 50 para. 1 of Act No 13/2002).</i> - <i>The student masters the basic examination and treatment procedures and methods in physiatry, balneology and medical rehabilitation.</i> - <i>He is ready to independently perform activities requiring professional erudition, independence at work, in</i> 	

decision-making, personal responsibility in medical rehabilitation, primary, secondary and follow-up health care, preventive, diagnostic, therapeutic, counseling and educational activities. Indicates, diagnoses, plans and performs basic techniques, methodologies, physiotherapeutic procedures and procedures.

Course content:

- Practical exercises in selected clinics.
- Investigation of the musculoskeletal system, movement patterns, hypermobility, specific functional tests.
- Implementation methodologies: PNF, Sister Kenny method, Bobath methodology, spinal exercises, exercises according to Kaltenborn, Becker's, Klapp Schrottová Freeman, Brunkowovej, exercise poor balance, mobilization techniques.
- Implementation of basic physical therapy methodologies and tests under the supervision of the lecturer to individual departments.

Recommended literature :

Odporičaná literatúra:

KOCIOVÁ, K. a kol. 2013. Základy fyzioterapie. Martin, Osveta. 2013. ISBN: 978-80-8063-389-9

JANÍKOVÁ, D. 1998. Fyzioterapia, Martin: Osveta. ISBN 80-8063-015-1.

JANDA, V. a kol. 2004. Svalové funkční testy. Praha: Avicenum ISBN 80-247-0722-5.

IŠTOŇOVÁ, M., K. KOCIOVÁ a kol. 2008. Všeobecná fyzioterapia. Vysokoškolské učebné texty. Prešov: PU v Prešove, Fakulta zdravotníctva. ISBN 978-80-8068-823-3.

HALADOVÁ, E. a kol. 2003. Léčebná tělesná výchova. Brno: Národní centrum ošetrovatelství a nelékařských zdravotnických odborů. ISBN 80-7013-384-8.

Language which is necessary to complete the course:

Notes:

The student is obliged to complete 90% of practical teaching.

Individualized access is provided for students with specific needs based on the recommendation of the faculty coordinator for students with specific needs. Instructions on how to complete the assigned task are published on the faculty's website: <https://www.unipo.sk/public/media/26637/Pravidla-hodenenia-zataze-studenta.pdf>

Course evaluation:

Total number of students evaluated: 0

A	B	C	D	E	FX
0%	0%	0%	0%	0%	0%

Lecturers:

doc. MUDr. Eleonóra Klímová, CSc., univer. prof., guarantor PhDr. Jakub Čuj, Ph.D., co-guarantor, examiner

Date of last change: 01.09.2024

Approved by: doc. MUDr. Eleonóra Klímová, CSc., univer. prof.