## **COURSE DESCRIPTION**

	Faculty/university workplace: Faculty of Health Care	
Code: 6KFZ/KLCM1-ER/25	<b>Course title:</b> Clinical Examination in Physiotherapy 1	
<b>Type, scope and method of educational activity:</b> Type of educational activity: <i>Practical seminar</i> Scope of educational activity: <i>8 hour per week, 104 per</i> Method of educational activity: <i>Attendance</i>	· semester	
Number of credits: 8		
Recommended semester:		
Study grade: Master		
Prerequisites:		
Conditions for passing the course: Form of assessment:		
Final evaluation: Continuous assessment		
Learning outcomes:		
<ul> <li>e. thorough functional differential diagnosis</li> <li>is able to propose the most effective therapeutic proce</li> <li>can implement selected movement programs.</li> <li>respect and control the ethical and legal principles re</li> <li>discuss possible therapeutic procedures for correcting psychomotor relaxation</li> </ul>	practice, distinguish the origin of detected changes in the movement system, a edures based on the analysis of the obtained data clated to the application of acquired knowledge in clinical practice g disorders of the support-movement system, including methods of ds and techniques of applied kinesiology	

The student has the ability to apply knowledge, especially in the cognitive and practical areas: - Apply investigative and therapeutic methods of physiotherapy in practice - Plan a physiotherapy plan for the elimination of pathology based on the initial kinesiology analysis

- Develop new concepts of kinesiological analysis and apply them in practice

#### Acquired competences:

- The student acquires the professional ability/competence to perform his original profession, or prepares to continue further university studies (§ 51 para. 1 of Act No. 131/2002) in accordance with the decree of the Ministry of Education of the Slovak Republic, as a field of knowledge (§ 50 para. 1 Act No. 13/2002).

The student is able to analyze the problems of kinesiology in physiotherapy practice, distinguish the origin of detected changes in the movement system, i.e. thorough functional differential diagnosis, is able to propose the most effective therapeutic procedures based on the analysis of the obtained data, is able to implement selected movement programs, respect and control the ethical and legal principles related to the application of the acquired knowledge in clinical practice, discuss possible therapeutic procedures for the treatment of disorders of the support and movement system, including methods of psychomotor relaxation.
The student knows the basics of ethical codes related to the methods and techniques of applied kinesiology and is able to search and navigate in national and international databases and implement the obtained data into clinical practice.

# Course content:

Course contents:

Physiotherapy measurements and tests.

Examination of movement stereotypes, hypermobility, specific functional tests.

Implementation methodologies: PNF, Sister Kenny method, Bobath methodology, spinal exercises, exercises according to Kaltenborn, Becker's, Klapp Schroth, Freeman Brunkowovej, exercises with poor balance, mobilization techniques. Implementation of basic physiotherapy methodologies and examinations under the supervision of the instructor Individual clinical departments.

## **Recommended literature :**

Janda, V. a kol.: Svalové funkční testy, Praha, Avicenum 2004.

Janda, V. - Pavlů, D. - Herbenová, A.: Svalový systém I. a II. Praha, Karolinum 1994.

Janda, V. - Pavlů, D.: Goniometrie. Brno, IDVSZPO 1993.

Janda, V. - Véle, F. - Poláková, Z.: Funkce hybného systému. Praha, SZdN 1966.

Janda, V.: Základy kliniky funkčních neparetických poruch. Brno, UDVSZP 1982.

Lánik, V. a kol.: LTV I. Martin, Osveta 1980.

Javůrek, J.: Vybrané kapitoly z klinické kineziologie. Praha, UK 1982.

Pfeiffer, J. - Votava, J.: Rehabilitace s využitím techniky. Praha, Avicenum 1983.

Véle, F. - Jandová, D.: Hodnocení pohybové soustavy. Rehabilitácia, Suplementum 9, 1974.

Pfeiffer, J. a kol.: Rehabilitace. Praha, SPN 1982.

## Language which is necessary to complete the course:

### Notes:

The student is required to complete 90% of practical training.

An individualized approach is provided for students with special needs based on the recommendation of the faculty coordinator for students with special needs. Instructions on how to develop the assigned task are published on the faculty's website: https://www.unipo.sk/public/media/26637/Pravidla-hodnotenia-zataze-studenta.pdf

#### **Course evaluation:**

 A
 B
 C
 D
 E
 FX

 0%
 0%
 0%
 0%
 0%
 0%

Lecturers:

doc. MUDr. Eleonóra Klímová, CSc., univer. prof., guarantor PhDr. Jakub Čuj, Ph.D., co-guarantor, examiner

Date of last change: 01.09.2024

Approved by: doc. MUDr. Eleonóra Klímová, CSc., univer. prof.