

<b>Institution of Higher Education: University of Prešov</b>	
<b>Faculty:</b> Faculty of Healthcare	
<b>Subject code:</b> 6KUS/LEVYK-ER/25	<b>Name of subject:</b> Summer mountain rescue training course
<b>Type, scope and method of educational activities:</b>	
<b>Daily form of study:</b> 50 contact hours (exercise)/semester, non-contact education 10 hours/semester, total demand on student 60 hours, full-time method of education	
<b>Number of credits:</b> 4	
<b>Recommended semester/trimester of study:</b>	
<b>Daily form of study:</b> 1st year summer semester (2nd semester)	
<b>Level of study:</b> 1st level	
<b>Prerequisite subjects:</b> none	
<b>Conditions for completing the subject:</b>	
<b>Manner of completing the subject:</b> completed	
<b>Criteria of assessment:</b>	
<ul style="list-style-type: none"> <li>• compulsory participation of student in direct education to the full extent,</li> <li>• completing the final course aimed at practical solution of model situations connected with mountain rescue in the summer period,</li> <li>• individual self-study (10 hours).</li> </ul>	
The student successfully completes the subject upon fulfilling the prescribed assessment criteria.	
<b>Daily form of study:</b> 50 contact hours (exercise)/semester, non-contact education 10 hours/semester, total demand on student 60 hours, full-time method of education	
<b>Results of education:</b>	
After completing the subject, students can / are able to:	
<b>a student after familiarization with basic information has adequate levels of understanding and capabilities at declarative level:</b>	
<b>VV1</b> Defining the basic field orientation capabilities,	
<b>VV2</b> describing basic capabilities,	
<b>VV3</b> explaining basic capabilities at work and evacuation of patient in hard time Mountain terrain in summer period.	
<b>The student has a capability to apply knowledge especially in the area of cognitive and practical:</b>	
<b>VV4</b> to apply the basic abilities and skills orientation in the field,	
<b>VV5</b> to realize the basic capabilities and skills at work and evacuation of the patient in a hard-available terrain in the summer.	
<b>Knowledge for professional and personality development especially in the form:</b>	
<b>VV6</b> has competencies in accordance with the Ministry of Education of the Slovak Republic No.151/2018 ZZ by which it determines the scope of practice in some health professions, as amended.	
<a href="https://www.unipo.sk/fakulta-zdravotnictva/katedry/kuzs/01/01/">https://www.unipo.sk/fakulta-zdravotnictva/katedry/kuzs/01/01/</a>	
<b>Brief syllabus of the subject:</b>	
<ul style="list-style-type: none"> <li>• Basics of safe movement and stay in the mountains in summer.</li> <li>• Status and role of MRS in the integrated rescue system. Material, technical and transport means used for long-term transport of patients from difficult to access mountainous terrain in the summer.</li> <li>• Orientation summer mountainous terrain using GPS combined with practical training.</li> <li>• Basics of mountaineering training and patient transport in a mountainous area.</li> </ul>	

- Principles of treatment and transport of the wounded in difficult to access mountainous terrain in the summer.

#### **Odporúčaná literatúra:**

BOGUSKÁ, D. a kol. 2021. *Záchranárska technika a technológie*. 194 str.

BOGUSKÁ, D. a kol. 2020. *Urgentná zdravotná starostlivosť*. 339 str.

DARMAN, P. 2000. *Ako prežiť v extrémnych podmienkach*. 256 s. ISBN: 80-7181-326

DOBIÁŠ, V. a kol. 2021. *Urgentná medicína*. Martin: Vydavateľstvo Osveta, 2012, s.738. ISBN 978-80-8063-384-5.

JUNGER, J. 2002. *Turistika a športy v prírode*. Prešov: FHPV PU Prešov. 267s. ISBN 80-8068-097-3.

NAGY, J. 1985. *Abeceda orientačného behu*. Bratislava: Šport, 1985.

TEPLÝ, Z. 1995. *Zdraví, zdatnosť, pohybový režim*. Praha: Česká asociace Sport pro všechny, 1995, ISBN 80-85910-02-0.

ŽÍDEK, J. a kol. 2004 *Turistika*. Učebné texty FTVŠ UK. Bratislava, 2004. ISBN 80-88901-89-8.

#### **Language of which knowledge is needed for completing the subject:** Slovak language

#### **Notes:**

Compulsory participation of student in direct education to the full extent.

For students with specific needs, individualized access on the recommendation of the Faculty Coordinator for students with specific needs is ensured. Instructions How to draw up a specified role are published at the Faculty Web site:

<https://www.unipo.sk/public/media/26637/Pravidla-hodnotenia-zataze-studenta.pdf>

#### **Assessment of subjects**

Total number of assessed students:

A	B	C	D	E	FX

**Taught by:** PhDr. Bc. Ivana Argayová, PhD.

**Date of last change:** 20.2. 2025

**Approved by:** doc. MUDr. Roman Zazula, Ph.D.