

## COURSE DESCRIPTION

**University:** *University of Presov*

**Faculty/university workplace:** *Faculty of Sports*

**Code:** *8SEH/J2FIS/22*

**Course title:** *Philosophy and sociology of sport*

**Type, scope and method of educational activity:**

Type of educational activity: *Lecture, Seminar*

Scope of educational activity: *1,2 hour per week, 13,26 per semester*

Method of educational activity: *Attendance*

**Number of credits:** *4*

**Recommended semester:**

*1st year WT teacher training in physical education (TvJM)*

**Study grade:** *Master*

**Conditions for passing the course:**

**Form of assessment:**

**Final evaluation:**

*Method of evaluation: exam*

*Continuous evaluation:*

*During the teaching part of the semester, the student will complete the following interim checks with minimum 50 % achievement:*

- *Submission and presentation of the seminar thesis from the part of philosophy of sport on the given topic of at least 15 pages,*
- *Submission and presentation of the seminar thesis from the part of sociology of sport on the given topic of at least 15 pages,*

*Final evaluation:*

*In the exam period student will complete the written form of the exam*

*The final grade of the course is calculated as the average of the results of the interim checks (seminar theses and presentations) and the final examination.*

*In compliance with the Study Regulations of the University of Presov:*

- *student's attendance at face-to-face classes is compulsory (unexcused absence from such classes is assessed as a failure to meet the requirements for successful completion of the course),*
  - *during the exam period, the student is entitled to one regular and two extra dates for taking the exam,*
  - *the final grade of the course is determined by a grading scale consisting of six grades with success criteria for each grade as follows: A (excellent): 100.00 - 90.00 %; B (very good): 89.99 - 80.00 %; C (good): 79.99 - 70.00 %; D (satisfactory): 69.99 - 60.00 %; E (sufficient): 59.99 - 50.00 %; and FX (inadequate): 49.99 % or less.*
- The student will receive credits for the course with a grade of A – E.*

**Learning outcomes:**

*If successfully completed the course, the student will acquire the following:*

*Knowledge:*

- *the student is able to define the subject of research in the philosophy of sport,*
- *the student is able to find out general knowledge of the philosophy of sport in the process of physical exercises,*

- the student is able to define the subject of research in the sociology of sport,
- the student is able to explain the importance and functions of sport in society in the sociology of sport, to define the social behavior of groups and communities in the context of specific sports activities in the physical education process.

#### *Skills:*

- the student is able to explain the basic philosophical issues, problems and formation regularities of physical exercises and their impact on humanization and human cultivation,
- the student is able to explain the basic sociological issues, problems and patterns of the social group in the physical education environment, to identify the problems of sports spectators.

#### *Competences:*

- the student is able to independently search, process and critically evaluate knowledge in the field of sports philosophy from relevant sources,
- the student is able to independently search, process and critically evaluate knowledge in the field of sociology of sport from relevant sources,
- the student is able to analyze social ties, standards of behavior, value orientation,
- the student is able to apply the acquired knowledge in practical contexts.

### **Course content:**

#### *Course content:*

#### *Philosophy of sport:*

- The character of the philosophy of sport: (subject, methods, tasks, goals and current development tendencies).
- Philosophy of sport in the tradition of philosophical thinking (characters-directions).
- Philosophical-anthropological aspects of physical exercises realization (person-personality-individuality-authenticity).
- Philosophical thematization of human corporeality (sóma-sarx-péxis-entelecheiá-arché).
- Philosophical dimensions of movement, time and space in PE and sports.
- Philosophical dimensions of play, experience, performance and victory in PE and sports.
- Philosophical and axiological models of sport.
- Philosophical issues of the educational process in PE and sports.
- Olympic and Paralympic philosophy (kalokagatia, areté and the problem of doping).
- Physical exercises as determinants of health, quality of life and their philosophical aspects.
- Philosophical aspects of sports acts.
- Spirituality in PE and sports.
- Eastern philosophy and realization of physical exercises.

#### *Sociology of sport:*

- Sociology of sport: subject, methods, tasks, goals and current development tendencies.
- Social aspects of sport.
- Socialization - the social side of human development (mechanisms, components of socialization).
- Sport in the system of social phenomena.
- Sports team - relations in a social group, conflict resolution.
- Sports spectators, sports spectators, sports fans.
- Aggression in sport.
- Sports and mass media.
- Sports and modern technologies.
- Sport and politics, sport and religion.

- *Sports and commercial/marketing, sports and finance.*
- *Sport as a phenomenon, sport as a socializer.*

#### **Recommended literature :**

- OBORNÝ, J. 2015. *Filozofia a šport. Bratislava: Univerzita Komenského. ISBN 987-80-223-3659-7.*
- HURYCH, E. a kol., 2013. *Spiritualita pohybových aktivít. Brno: Masarykova univerzita. ISBN 978-80-210-6207-8*
- JIRÁSEK, I. 2005. *Filosofická kinantropologie: setkání filosofie, těla a pohybu. Olomouc: Univerzita Palackého. ISBN 80-244-1176-8.*
- SEMAN, F. 2012. *Milníky svetového športu. Bratislava: Slovenský olympijský výbor. ISBN 978-80-89460-09-0.*
- RÁCZOVÁ, K. 2016. *Fair play v praxi. Bratislava: Slovenský olympijský výbor. ISBN 978-80-89460-22-9.*
- GREXA, J. 2018. *Zážitkové olympijské príbehy. Bratislava: Slovenský olympijský výbor. ISBN 978-80-89460-32-8.*
- ČECHÁK, V. a J. LINHART. 1986. *Sociologie sportu. Praha: Olympia*
- KOLEKTÍV. 1998. *Športová humanistika. Bratislava: FTVŠ UK. ISBN 8088901235*
- KOLEKTÍV. 2003. *Športová humanistika v systéme štúdia športových pedagógov. Bratislava: FTVŠ UK. ISBN 978-80-89075-195*
- LEŠKA, D. 2005. *Sociológia športu. Bratislava: ICM Agency. ISBN 80-969268-4-5*
- SEKOT, A. 2008. *Sociologické problémy sportu. Praha: Grada. ISBN 8024725628*

#### **Notes:**

*Student's workload distribution: total workload = 120 hrs.*

- *Contact teaching and learning: 30 hrs.*
- *15 pages seminar thesis from philosophy of sport: 25 hrs.*
- *15 pages seminar thesis (reflection) from sociology of sport: 25 hrs.*
- *self-study for the written form of the exam: 40 hrs.*

*Completion of the course for a student with specific needs is modified in accordance with the recommendation of the faculty coordinator for students with specific needs.*

#### **Course evaluation:**

Total number of students evaluated: 247

A	B	C	D	E	FX
11%	26%	32%	17%	7%	9%

#### **Lecturers:**

*prof. PaedDr. Jaromír Sedláček, PhD., guarantor*

*Mgr. Terézia Kovalik Slančová, PhD., co-guarantor, lecturer, examiner, seminary supervisor*

*Mgr. Beáta Ružbarská, PhD., co-guarantor, lecturer, examiner, seminary supervisor*

*prof. PaedDr. Karol Görner, PhD., co-guarantor, lecturer, examiner, seminary supervisor*

**Date of last change:** 01.09.2023

**Approved by:** *prof. PaedDr. Jaromír Sedláček, PhD.*