

## COURSE DESCRIPTION

**University:** *University of Presov*

**Faculty/university workplace:** *Faculty of Sports*

**Code:** *8SEH/JOLYH/22*

**Course title:** *Olympic movement*

**Type, scope and method of educational activity:**

Type of educational activity: *Seminar*

Scope of educational activity: *1 hour per week, 13 per semester*

Method of educational activity: *Attendance*

**Number of credits:** *2*

**Recommended semester:**

*1st year ST teacher training in physical education (TVJB)*

**Study grade:** *Bachelor*

**Prerequisites:**

**Conditions for passing the course:**

**Form of assessment:**

*Credits*

**Final evaluation:**

*Method of evaluation: Continuous assessment*

*During the teaching part of the semester, the student will complete the following interim checks:*

- test (minimum 50 %),*
- preparation a seminar paper with a description of the sports curriculum vitae "Olympian", which lives near the place of residence of the student, respectively. an important person in Slovak sports and Olympics,*
- preparation and implementation of a block of activities for 60 minutes from the selected area (science and mathematics, history and geography, language, art education, music and aesthetic education, ecology, sports and physical education).*

*The final grade of the course is calculated as the average of the results of the interim checks, seminary work and the final examination.*

*In compliance with the Study Regulations of the University of Presov (2018):*

- student's attendance at face-to-face classes is compulsory (unexcused absence from such classes is assessed as a failure to meet the requirements for successful completion of the course)*
- during the exam period, the student is entitled to one regular and two extra dates for taking the exam,*
- the final grade of the course is determined by a grading scale consisting of six grades with success criteria for each grade as follows: A (excellent): 100.00 - 90.00 %; B (very good): 89.99 - 80.00 %; C (good): 79.99 - 70.00 %; D (satisfactory): 69.99 - 60.00 %; E (sufficient): 59.99 - 50.00 %; and FX (inadequate): 49.99 % or less.*

*The student will receive credits for the course with a grade of A - E.*

**Learning outcomes:**

*If successfully completed the course, the student will acquire the following:*

**Knowledge:**

- the student is able to explain the history of the Olympic Games, modern Olympic Games, IOC, SOV, Youth Olympic Games,
- the student is able to define the Olympic movement and the development of Olympicism, its projects and activities.

**Skills:**

- the student is able to appropriately select activities from the OVEP program for children of different ages,
- the student is able to construct a block of the program using Olympic activities.

**Competencies:**

- the student is able to independently create activities helpful to value education,
- the student is able to build positive living habits and values through the implementation of activities, which include a long-term positive relationship to physical activity and a healthy lifestyle.

**Course content:**

- Ancient Olympic Games, their history and meaning
- P. de Coubertin.
- Establishment of the IOC and revitalization of the Olympic Games.
- Olympic Charter.
- Structure and competencies of SOŠV.
- The genesis of the Olympic Games from Athens 1896 to the present.
- Important personalities of world and Slovak sports and Olympicism.
- Olympic Values Education Program.
- Basics of education of Olympic values.

**Recommended literature :**

GREXA J., et al., 1996. *Olympijské hnutie na Slovensku*. Bratislava: SOV/Q 111. ISBN 978-80-85401-56-8

GREXA J., 2006. *Olympijská výchova (Metodická príručka SOV)*. Bratislava: NŠC. ISBN 978-80-96952-20-5.

SOŠV. *Olympic Values Education Programme – slovenská verzia*. Dostupné z: <https://www.olympic.sk/ovep>

**Notes:**

*Student's workload distribution: total workload = 60 hrs.*

- contact teaching and learning: 10 hrs.
- 3 pages seminary work: 6 hrs.
- preparation of seminar paper and its presentation: 20 hrs.
- self-study for the test: 24 hrs.

*Completion of the course for a student with specific needs is modified in accordance with the recommendation of the faculty coordinator for students with specific needs.*

**Course evaluation:**

Total number of students evaluated: 64

A	B	C	D	E	FX
23%	14%	20%	17%	6%	19%

**Lecturers:**

*prof. PaedDr. Jaromír Sedláček, PhD., guarantor*

*doc. Mgr. Lenka Hnidková, PhD., co-guarantor, examiner, seminary supervisor*

**Date of last change:** 01.09.2023

**Approved by:** *prof. PaedDr. Jaromír Sedláček, PhD.*