

## COURSE DESCRIPTION

**University:** *University of Presov*

**Faculty/university workplace:** *Faculty of Sports*

**Code:** *8SEH/JHISP/22*

**Course title:** *History of sport*

**Type, scope and method of educational activity:**

Type of educational activity: *Lecture, Seminar*

Scope of educational activity: *1,1 hour per week, 13,13 per semester*

Method of educational activity: *Attendance*

**Number of credits:** *4*

**Recommended semester:**

*1st year WT*

*teacher training in physical education (TVJB)*

**Study grade:** *Bachelor*

**Conditions for passing the course:**

**Form of assessment:**

**Final evaluation:**

*The subject is completed by exam.*

*During the teaching part of the semester, the student will complete the following interim checks:*

*- elaboration of seminar work on a specific topic and its presentation.*

*A student, who achieve a minimum of 50 % of the interim check by the end of the teaching part of the semester, can participate in the exam.*

*In the examination period, he/she completes the written form of the examination.*

*The final grade of the course is calculated as the average of the results of the interim check, and the final examination.*

*In compliance with the Study Regulations of the University of Presov (2018):*

*– student's attendance at face-to-face classes is compulsory (unexcused absence from such classes is assessed as a failure to meet the requirements for successful completion of the course)*

*– during the exam period, the student is entitled to one regular and two extra dates for taking the exam,*

*– the final grade of the course is determined by a grading scale consisting of six grades with success criteria for each grade as follows: A (excellent): 100.00 - 90.00 %; B (very good): 89.99 - 80.00 %; C (good): 79.99 - 70.00 %; D (satisfactory): 69.99 - 60.00 %; E (sufficient): 59.99 - 50.00 %; and FX (inadequate): 49.99 % or less.*

*The student will receive credits for the course with a grade of A - E.*

**Learning outcomes:**

*If successfully completed the course, the student will acquire the following:*

*Knowledge:*

- can define historical developmental stages of physical education and sport,*
- can describe the history of the ancient and modern Olympic Games,*
- has a broad knowledge and understanding of the history of the sports movement,*
- theoretically masters philosophical directions affecting the various stages of the development of modern sport.*

*Skills:*

- the student can search for, process, and analyze information from the history of physical education and sport from various sources,*

- can actively use the information to solve practical tasks in the field,
- can analyze historical events of physical education and sport with a critical assessment of their course, suitability, and adequacy,
- has established a historical overview of the development of physical culture, including knowledge of practical contexts and relationships to related fields.

#### Competencies:

- is competent to characterize the historical genesis of selected types of sport,
- can explain the historical context of events affecting the emergence and development of physical education and sport,
- can independently gain new knowledge, actively expand, and present his knowledge of the history and present of the history and present of sport and the Olympic movement.

#### Course content:

##### Lectures:

- Introduction to the study of the history of physical education and sport.
- The emergence of physical education and sport during the period of antiquity.
- The nature of the physical education and sport of ancient civilizations (Egypt, China, Japan).
- Physical education and sport in ancient Greece.
- Ancient Olympic games.
- The nature of physical education during the Middle Ages.
- The character of European body systems, German, French, English.
- The resumption of the modern Olympics, the starting points, the conditions.
- Physical education and sport on our territory from antiquity to the present day.
- The character of physical education and sport until The First World War.
- The character of physical education and sport in the interwar period and after the Second World War.
- The character of physical education and sport after November 1989 and the present.
- Important personalities in the history of world sport.
- The most significant achievements of Slovak athletes.

##### Seminars:

- Expanding knowledge of individual lecture topics.
- Presentation of elaborate seminar tasks.

#### Recommended literature :

NEMEC, M. 2012. *Vybrané kapitoly zo svetových dejín telesnej výchovy a športu*. Prešov: FŠ PU. ISBN 978-80-555-0556-5.

SEMAN, F., 2013. *Pedagogický odkaz Pierra de Coubertin*. Bratislava: SOV, Olympizmus v praxi. ISBN 978-80-89460-14-4.

[https://www.olympic.sk/sites/default/files/field\\_media\\_file/2014-01/pedagogicky-odkaz-pierra-de-coubertin-16744\\_1.pdf](https://www.olympic.sk/sites/default/files/field_media_file/2014-01/pedagogicky-odkaz-pierra-de-coubertin-16744_1.pdf)

GREXA, J., 2011. *Aké boli antické olympijské hry*. Bratislava: SOV, Olympizmus v praxi. ISBN 978-80-89460-06-8. [https://www.olympic.sk/sites/default/files/field\\_media\\_file/2011-11/ak-boli-antick-olympijsk-hry-60053\\_1.pdf](https://www.olympic.sk/sites/default/files/field_media_file/2011-11/ak-boli-antick-olympijsk-hry-60053_1.pdf)

ŠVEDOVÁ, M., I. UHER, 2013. *Vybrané kapitoly z dejín telesnej kultúry a športu*. Košice: UPJŠ. ISBN 978-80-8152-025-9.

<https://unibook.upjs.sk/img/cms/2013/utvas/Dejiny-telesnej-kultury-a-sportu.pdf>

KÖSSL, J., J. ŠTUNBAUER, M. WAIC, 2018. *Kapitoly z dějin tělesné kultury*. Praha: Karolinum. ISBN 978-80-246-3420-3.

SOUČEK, L., 2011. *Novoveké olympijské hry*. Bratislava: SOV, Olympizmus v praxi. ISBN 978-80-89460-06-9. [https://www.olympic.sk/sites/default/files/field\\_media\\_file/2011-12/novoveke-olympijske-hry-21575\\_1.pdf](https://www.olympic.sk/sites/default/files/field_media_file/2011-12/novoveke-olympijske-hry-21575_1.pdf)

CHMELÁR, F., L. SOUČEK, 2013. *Olympijské symboly, ceremoniály, hodnoty a principy*. Bratislava: SOV, Olympizmus v praxi. ISBN 978-90-89460-12-0.  
[https://www.olympic.sk/sites/default/files/field\\_media\\_file/2014-01/olympijske-symboly-ceremonialy--hodnoty-a-principy-62485\\_2.pdf](https://www.olympic.sk/sites/default/files/field_media_file/2014-01/olympijske-symboly-ceremonialy--hodnoty-a-principy-62485_2.pdf)

SEMAN, F. 2012. *Milníky svetového športu*. Bratislava: SOV, MŠVVaŠ. ISBN 978-80-89460-09-0. [https://www.olympic.sk/sites/default/files/field\\_media\\_file/2011-12/milniky-pre-zs-31685\\_1.pdf](https://www.olympic.sk/sites/default/files/field_media_file/2011-12/milniky-pre-zs-31685_1.pdf)

GREXA, J., M. STRACHOVÁ, 2011. *Dějiny sportu. Přehled světových a českých dějin tělesné výchovy a sportu*. Brno: MU, FSS. ISBN 978-80-210-5458-5.

GREXA, J. et al. 2006. *Olympijská výchova. Metodická příručka SOV*. Bratislava: SOV-NŠC. ISBN 80-969522-0-X.

SOUČEK, L. 2010. *Naši olympijské medailisti a olympionici*. Bratislava: SOV, Olympizmus v praxi. ISBN 978-80-89460-04-5.  
[https://www.olympic.sk/sites/default/files/field\\_media\\_file/2010-11/nasi-olympijskolymphionici-86561\\_1.pdf](https://www.olympic.sk/sites/default/files/field_media_file/2010-11/nasi-olympijskolymphionici-86561_1.pdf)

### Notes:

*Student's workload distribution: total workload = 120 hrs.*

- contact teaching and learning: 20 hrs.
- individual preparation for seminars: 20 hrs.
- elaboration of seminar work on a specific topic and its presentation: 30 hrs.
- self-study for the exam: 50 hrs.

*Completion of the course for a student with specific needs is modified in accordance with the recommendation of the faculty coordinator for students with specific needs.*

### Course evaluation:

Total number of students evaluated: 299

A	B	C	D	E	FX
4%	12%	12%	19%	27%	25%

### Lecturers:

*prof. PaedDr. Jaromír Sedláček, PhD., guarantor*

*doc. PaedDr. Iveta Boržíková, PhD., co-guarantor, lecturer, examiner, seminary supervisor*

**Date of last change:** 01.09.2023

**Approved by:** *prof. PaedDr. Jaromír Sedláček, PhD.*