

## COURSE DESCRIPTION

**University:** *University of Presov*

**Faculty/university workplace:** *Faculty of Sports*

**Code:** *8KES/JFUTS/22*

**Course title:** *Futsal*

**Type, scope and method of educational activity:**

Type of educational activity: *Seminar*

Scope of educational activity: *1 hour per week, 13 per semester*

Method of educational activity: *Attendance*

**Number of credits:** *1*

**Recommended semester:**

*2nd year WT*

*teacher training in physical education (TVJB)*

**Study grade:** *Bachelor*

**Prerequisites:**

**Conditions for passing the course:**

**Form of assessment:**

**Final evaluation:**

*Continuous assessment*

*During the teaching part of the semester, the student will complete the following interim checks:*

- knowledge test with a minimum success rate of 50%,*
- practical implementation of the basic game activities of an individual (a chain of basic game activities of an individual) from the sports game futsal.*

*Chain of game activities:*

- processing the ball (by pulling the ball with the tip of the foot / damping the ball with the foot), guiding the ball (any way), passing (inner side of the foot / outer head), shooting (any way) into the defined area of the gate.*

*During the implementation of a chain of individual game activities, the fluency and manner of implementation of individual game activities is evaluated.*

*The final evaluation of the subject is calculated as the average of the evaluations for the above-mentioned partial parts of the continuous evaluation.*

*In compliance with the Study Regulations of the University of Presov (2018):*

- student's attendance at face-to-face classes is compulsory (unexcused absence from such classes is assessed as a failure to meet the requirements for successful completion of the course)*
  - during the exam period, the student is entitled to one extra dates for taking the exam,*
  - the final grade of the course is determined by a grading scale consisting of six grades with success criteria for each grade as follows: A (excellent): 100.00 - 90.00 %; B (very good): 89.99 - 80.00 %; C (good): 79.99 - 70.00 %; D (satisfactory): 69.99 - 60.00 %; E (sufficient): 59.99 - 50.00 %; and FX (inadequate): 49.99 % or less.*
- The student will receive credits for the course with a grade of A - E.*

**Learning outcomes:**

*If successfully completed the course, the student will acquire the following:*

*Knowledge:*

- explain the basics of futsal theory and didactics,
- define the basic rules of futsal,
- name and characterize gaming activities in futsal (individual gaming activities, game combinations, game systems).

#### **Skills:**

- implement basic futsal gaming activities.

#### **Competencies:**

- analyze the sports game futsal,
- apply the acquired knowledge about futsal in sports practice,
- show and correctly perform the basic gaming activities of futsal.

#### **Course content:**

- Training of offensive game activities of an individual.
- Improving an individual's offensive gaming activities.
- Training of individual defensive game activities.
- Improving an individual's defensive gaming activities.
- Training of attacking game combinations.
- Improving offensive game combinations.
- Training of defensive game combinations.
- Improving defensive game combinations.
- Training in basic offensive game systems.
- Training in basic defense game systems.
- Improving game activities in your own game.
- Improving game activities in your own game.

#### **Recommended literature :**

ELIAŠ, T., 2021. *Futsal*. Prešov. Digitálna knižnica UK Prešovskej univerzity v Prešove. ISBN 978-80-555-2854.0.

KRESTA, J. a kol., 2009. *Futsal*. 1.vyd. Praha: Grada Publishing. ISBN 978-80-247-2534-5.

HORA, J., 2005: *Pravidla fotbalu, futsalu a minifotbalu ČMFS*. Praha: Olympia. ISBN 80-7033-922-5

HUDĚC, P., 2002: *Kondiční příprava hráče futsalu. Futsal metodika*. Praha: Komise Futsalu ČMFS.

KRESTA, J. a kol., 2005: *Futsal*. 1. vyd. Praha: Galén. ISBN 978-80-247-2534-5.

STRÍŽ, M., 2002: *Technicko-taktické zkušenosti futsalové metodiky*. Praha: Komise Futsalu ČMFS.

#### **Notes:**

*Student's workload distribution: total workload = 30 hrs.*

- contact lessons: 10 hrs.
- training and improvement of individual game activities: 6 hrs.
- self-study for knowledge test: 14 hrs.

*Completion of the course for a student with specific needs is modified in accordance with the recommendation of the faculty coordinator for students with specific needs.*

#### **Course evaluation:**

Total number of students evaluated: 137

A	B	C	D	E	FX
60%	12%	8%	3%	7%	10%

#### **Lecturers:**

*prof. PaedDr. Jaromír Sedláček, PhD., guarantor*

*Mgr. Tomáš Eliaš, PhD., co-guarantor, examiner, seminary supervisor*

**Date of last change:** 01.09.2023

**Approved by:** *prof. PaedDr. Jaromír Sedláček, PhD.*