

COURSE DESCRIPTION

University: *University of Presov*

Faculty/university workplace: *Faculty of Sports*

Code: *8KES/J2DHSV/22*

Course title: *Didactics of sports games 2*

Type, scope and method of educational activity:

Type of educational activity: *Lecture, Seminar*

Scope of educational activity: *1,4 hour per week, 13,52 per semester*

Method of educational activity: *Attendance*

Number of credits: *4*

Recommended semester:

2nd year WT *teacher training in physical education (TvJM)*

Study grade: *Master*

Conditions for passing the course:

Form of assessment:

Final evaluation:

Method of evaluation: exam

During the teaching part of the semester, the student will complete the following interim checks with minimum 50 % achievement:

- Written preparation for methodic performance on the given topic - volleyball,*
- Methodic performance on the given topic - volleyball,*
- Written preparation for methodic performance on the given topic - handball,*
- Methodic performance on the given topic - handball.*

In the exam period student will complete the written form of the exam.

The final grade of the course is calculated as the average of the results of the interim checks (written preparation, methodic performance and the final examination).

In compliance with the Study Regulations of the University of Prešov:

- student's attendance at face-to-face classes is compulsory (unexcused absence from such classes is assessed as a failure to meet the requirements for successful completion of the course),*
- during the exam period, the student is entitled to one regular and two extra dates for taking the exam,*
- the final grade of the course is determined by a grading scale consisting of six grades with success criteria for each grade as follows: A (excellent): 100.00 - 90.00 %; B (very good): 89.99 - 80.00 %; C (good): 79.99 - 70.00 %; D (satisfactory): 69.99 - 60.00 %; E (sufficient): 59.99 - 50.00 %; and FX (inadequate): 49.99 % or less.*

The student will receive credits for the course with a grade of A - E.

Learning outcomes:

If successfully completed the course, the student will acquire the following:

Knowledge:

- the student is able to explain the analysis of the content of the game and the basic terminology in sports games,*
- the student is able to describe and explain the technique of individual playing skills, game combinations and game systems (volleyball and handball),*
- the student knows the player functions and their tasks,*

- *the student is able to design and organize a simple competition in sports games (referees, timers, scorers, etc.),*
- *the student knows and is able to apply teaching methods, procedures and didactic forms in sports games,*
- *the student knows and can apply the basic rules of volleyball and handball.*

Skills:

- *the student is able to explain, demonstrate and correctly perform basic playing skills, combinations and systems in volleyball and handball.*

Competences:

- *the student is able to apply the acquired knowledge about sports games in sports practice,*
- *the student is able to implement and technically correctly demonstrate the basic playing skills in volleyball and handball,*
- *the student is able to independently lead a part of the lesson in sports games (volleyball, handball),*
- *the student is able to acquire new knowledge and actively expand their knowledge in the field of theory and didactics of sports games.*

Course content:

Lectures:

- *Analysis of the content of the game.*
- *Basic terminology and graphic signs in sports games.*
- *Teaching methods in sports games.*
- *Teaching procedures in sports games.*
- *Didactic forms in sports games.*
- *Managing in sports games.*
- *Planning the education in sports games in school physical education.*
- *Evaluation in sports games in school physical education.*
- *Elaboration of written preparation for a lesson in sports games.*
- *Methodical procedure for learning and improving offensive individual playing skills.*
- *Methodical procedure for learning and improving the individual playing skills.*
- *Methodical procedure for learning and improving offensive game combinations.*
- *Methodical procedure for learning and improving defensive game combinations.*

Seminars:

- *Division of topics of methodological performance.*
- *Methodical performance on the topics: warming up in volleyball, learning of the overhead pass, improving the overhead pass.*
- *Methodical performance on the topics: learning and improving the forearm pass, learning and improving of underhand serve.*
- *Methodical outputs on the topics: learning and improving of overhand serve, preparatory exercises in volleyball I., II.*
- *Methodical performance on the topics: game exercises in volleyball I., II., Preparatory games in volleyball I., II.*
- *Methodical performance on the following topics: fitness block in volleyball, stretching in volleyball, use of tools in volleyball.*
- *Methodical performance on topics: warm-up in handball, practice of basic passes and processing of passes, improvement of basic passes, preparatory exercises - passes.*
- *Methodical performance on the topics: ball handling learning, ball handling improvement.*
- *Methodical performance on the topics: ground shooting learning, jump shooting*

learning, shooting improvement.

- Methodical performance on the topics: learning of basic offensive and defensive combinations, improvement of basic offensive and defensive combinations.
- Methodical performance on topics: individual playing skills - preparatory exercises I, II.
- Methodical performance on topics: preparatory games in handball I, II.

Recommended literature :

- BUCHTEL, J. 2017. *Trénink dětí a mládeže ve volejbalu*. Praha: Karolinum. ISBN 978-80-246-3811-9
- PŘIDAL, V. a L. ZAPLETALOVÁ. 2016. *Športová príprava vo volejbale*. Bratislava: FTVŠ UK. ISBN 978-80-89075-55-3
- HANZELKA, R. 2006. *Průpravná a herní cvičení ve volejbalu*. Ústí nad Orlicí: Oftis. ISBN 80-86845-39-7, 120 s.
- VAVÁK, M. 2011. *Volejbal. Kondiční příprava*. Praha: Grada. ISBN 978-80-247-3821-5, 224 s.
- ŠIMONEK, J. 2006. *Volejbal. Rozvoj koordinačných schopností*. Bratislava: PEEM. ISBN 80-89197-43-4, 92 s.
- HANÍK, Z. a kol. 2008. *Volejbal viděno třemi*. Praha: Grada. ISBN 978-80-247-2744-8, 344 s.
- CÍSAŘ, V. 2005. *Volejbal*. Praha: Grada. ISBN 80-247-0502-8, 168 s.
- HANÍK, Z., M. LEHNERT a kol. 2004. *Volejbal 1. Herní dovednosti a kondice v tréninku mládeže*. Český volejbalový svaz.
- BUCHTEL, J. a kol. 2011. *Trénink volejbalu*. Praha: Karolinum. ISBN 978-80-246-1967-8, 256 s.
- PŘIDAL, V. – ZAPLETALOVÁ, L. 2010. *Volejbal. Herný výkon – tréning – riadenie*. Bratislava: PEEM. ISBN 978-80-8113-030-4, 181 s.
- BUCHTEL, J. a kol. 2006. *Teorie a didaktika volejbalu*. Praha: Karolinum. ISBN 80-246-1011-6, 194 s.
- ZAPLETALOVÁ, L. a kol. 2001. *Volejbal. Učebné texty pre školenia trénerov I. triedy*. Bratislava: PEEM. ISBN 80-88901-53-7, 172 s.
- Časopisy:
Telesná výchova a šport
Česká kinantropologie
- MATOUŠEK, J., 1995. *Teorie a didaktika házené*. Brno: Masarykova univerzita v Brně, ISBN 80-210-1203-X
- MIKUŠ, M., 2005. *Kondičná príprava v hádzanej špecifickými (hernými) tréningovými prostriedkami*. Prešov: Expres Print, ISBN 8096932721
- MIKUŠ, M. et al., 2001. *Tréningové štandardy mládeže v hádzanej*. Bratislava: SZH, ISBN 80-968-400-4-5.
- MIKUŠ, M. V., LAFKO a M. GREGOR, 2001. *Příklady plánov tréningových jednotiek v športovom tréningu hádzanej*. Bratislava: SZH, ISBN: 8096840037
- NYKODÝM, J. a kol., 2006. *Teorie a didaktika sportovních her*. Brno: MU. 1.vyd. ISBN 80-210-4042-4
- PŘIDAL, V. a L. ZAPLETALOVÁ, 2010. *Volejbal. Herný výkon – tréning – riadenie*. Bratislava: PEEM. ISBN 978-80-8113-030-4, 181 s.
- ŠIMONEK, J., 2006. *Volejbal. Rozvoj koordinačných schopností*. Bratislava: PEEM. ISBN 80-89197-43-4, 92 s.
- TUMA, M. a J. TKADLEC, 2002. *Házená*. Praha: Grada,. ISBN 80-247-0219-3
- VAVÁK, M., 2011. *Volejbal. Kondiční příprava*. Praha: Grada. ISBN 978-80-247-3821-5,

224 s.

ZAPLETALOVÁ, L. a kol., 2001. *Volejbal. Učebné texty pre školenia trénerov I. triedy*. Bratislava: PEEM. ISBN 80-88901-53-7, 172 s.

ZAŤKOVÁ, V. a J. HLANÍK, 2009. *Hádzaná. Základné herné činnosti*. Bratislava: UK Bratislava ISBN 978-80-223-2494-6

Notes:

Student's workload distribution: total workload = 120 hrs.

- *Contact teaching and learning: 50 hrs.*
- *Written preparation for methodic performance (volleyball): 10 hrs.*
- *Written preparation for methodic performance (handball): 10 hrs.*
- *self-study for the written form of the exam: 50 hrs.*

Completion of the course for a student with specific needs is modified in accordance with the recommendation of the faculty coordinator for students with specific needs.

Course evaluation:

Total number of students evaluated: 208

A	B	C	D	E	FX
18%	26%	37%	15%	2%	2%

Lecturers:

prof. PaedDr. Jaromír Sedláček, PhD., guarantor

Mgr. Ivan Matúš, PhD., univer. docent, co-guarantor, examiner, seminary supervisor

doc. PaedDr. Tomáš Perič, PhD., co-guarantor, lecturer

Mgr. Terézia Kovalik Slančová, PhD., co-guarantor, lecturer, examiner, seminary supervisor

Mgr. Adam Mazur, co-guarantor, examiner, seminary supervisor

Date of last change: 01.09.2023

Approved by: *prof. PaedDr. Jaromír Sedláček, PhD.*