

## COURSE DESCRIPTION

**University:** *University of Presov*

**Faculty/university workplace:** *Faculty of Sports*

**Code:** *8SEH/JANVA/22*

**Course title:** *Animation of leisure time activities*

**Type, scope and method of educational activity:**

Type of educational activity: *Seminar*

Scope of educational activity: *1 hour per week, 13 per semester*

Method of educational activity: *Attendance*

**Number of credits:** *1*

**Recommended semester:**

*3rd year ST teacher training in physical education (TVJB)*

**Study grade:** *Bachelor*

**Prerequisites:**

**Conditions for passing the course:**

**Form of assessment:**

**Final evaluation:**

*Method of evaluation: Continuous assessment*

*During the teaching part of the semester, the student will complete the following interim checks:*

- preparation and implementation of movement animation program for preschool children,*
- preparation and implementation of animation exercise program for seniors,*
- preparation and implementation of animation program of activities in the room for a heterogeneous age group of people.*

*The final grade of the course is calculated as the average of the results of the interim checks.*

*In compliance with the Study Regulations of the University of Presov (2018):*

- student's attendance at face-to-face classes is compulsory (unexcused absence from such classes is assessed as a failure to meet the requirements for successful completion of the course)*
- during the exam period, the student is entitled to one regular and two extra dates for taking the exam,*
- the final grade of the course is determined by a grading scale consisting of six grades with success criteria for each grade as follows: A (excellent): 100.00 - 90.00 %; B (very good): 89.99 - 80.00 %; C (good): 79.99 - 70.00 %; D (satisfactory): 69.99 - 60.00 %; E (sufficient): 59.99 - 50.00 %; and FX (inadequate): 49.99 % or less.*

*The student will receive credits for the course with a grade of A - E.*

**Learning outcomes:**

*If successfully completed the course, the student will acquire the following:*

*Knowledge:*

- the student is able to apply the knowledge of creating animation programs for a wide age*

*range of people*

*Skills:*

*– the student can effectively, clearly and comprehensibly explain and present the rules of individual sports.*

*Competencies:*

*– the student can plan activities according to current needs,*

*– the student is able to create a time-limited block of animation activities, taking into account the nature of its use (place, age, goal ...).*

**Course content:**

*– Leisure time animation - introduction to theory, types of animation.*

*– Animator's work and its functions, leisure time animation in Slovakia and abroad.*

*– Planning and conducting sports activities, organizing sports competitions and events.*

*– Personality of the animator - behavior, dressing, working with a microphone.*

*– Animations for children - characteristic features of a child's client.*

*– Creation of an animation program - principles of creating blocks of animation programs for preschool children, adults and seniors as well as for mixed age groups (room games, movement games, fun dances, etc.).*

**Recommended literature :**

*BACZEK, J., 2013. Animácia voľného času, ISBN 9788392870272, 115s.*

*ŠAMBRONSKÁ, K. 2017. Animácia a všetko, čo treba vedieť na začiatok. ISBN 978-80-555-1890-9.*

*BABIAR, M., 2013. Outdoorové animácie v cestovnom ruchu, STAGEMAN, 145s.*

*BELLAC, B., 2005. Velká kniha her – Hry v přírodě, Computer Press, 191s.*

**Notes:**

*Student's workload distribution: total workload =30 hrs.*

*– contact teaching and learning: 7 hrs.*

*– seminary work (games): 5 hrs.*

*– preparation of animation program and its presentation: 5 hrs.*

*– preparation of block movement animation program for preschool children: 7 hrs.*

*– preparation of and implementation of an animation program block in a room for a heterogeneous age group of people: 6 hrs.*

*Completion of the course for a student with specific needs is modified in accordance with the recommendation of the faculty coordinator for students with specific needs.*

**Course evaluation:**

Total number of students evaluated: 95

A	B	C	D	E	FX
6%	18%	16%	29%	23%	7%

**Lecturers:**

*prof. PaedDr. Jaromír Sedláček, PhD., guarantor*

*doc. Mgr. Lenka Hnidková, PhD., co-guarantor, examiner, seminary supervisor*

**Date of last change:** 01.09.2023

**Approved by:** *prof. PaedDr. Jaromír Sedláček, PhD.*