

## COURSE DESCRIPTION

**Code:** 1IESP/ZAPSY/15

**Course title:** Fundamentals of Psychology I.

**Field of study:**

**Guarantor:** Mgr. Antónia Sabolová Fabianová, PhD.

**Lectured by:** Institute of Educology and Social Work

Mgr. Martin Knurovský, Mgr. Antónia Sabolová Fabianová, PhD.

**Semester:** Contact lessons: Lecture, Seminar

**Number of ECTS credits:**

5

WT **Recommended course load (in lessons):**

**Weekly:** 2/1

**Per course:**

26,13

**Course assessment and completion:** Exam

**Continuous assessment:**

During the semester students worked , the seminar presents a forward seminary work - preparation for teaching . In a midterm week carried out a knowledge test .

**Final assessment:**

Subject is followed by an examination . The examination period the student / ka pass the oral exam. The final score is calculated as the sum of points obtained from seminar work, knowledge test and oral exam. To obtain a trial and must receive at least 90 % , to obtain a rating of 80% B , C rating on at least 70 % to 60% of the rating D , E for evaluation at least 50% . A student who obtained 49.99 % and less , will be evaluated as grade FX .

**Course objective:**

The student is able to:

- define the subject of a general, developmental and social psychology, to highlight their intersections and specifications, define a rudimentary conceptual apparatus mentioned psychological disciplines within the range of the curriculum,
- list and explain basic psychological trends and their application in social work,
- appoint, categorize and differentiate the various psychic phenomena and argue the importance of knowledge in the context of social work,
- describe the main developmental changes during different periods of human life, ie, from prenatal development to old age and on to argue the importance of their knowledge in the context of social work,
- define social cognition as an essential element of social interaction and sensitivities for the accuracy of interpersonal perception,
- define interpersonal communication as an essential element of social interaction, define and describe the species, describe and practically apply the principles of active listening,
- characterize small social groups, their characteristics and changes in the context of development, group dynamics to explain, describe its component parts and argue the importance of knowledge in the context of social work.

**Course content:**

Introduction to general psychology (the subject of general psychology, system psychological sciences, taxonomy psychic phenomena - psychic processes, states and characteristics, survival and behavior, basic psychological trends and their application in social work).

Selected questions of cognitive psychology (consciousness, perception, memory, thinking, language, learning, will processes) and psychology of emotions and motivation (basic concepts, emotions, motivate, motivation, motivated action, instincts, needs, emotional processes and phenomena).

Introduction to developmental psychology (the subject of developmental psychology, factors and conditions of psychological development, maturation, learning).

The various developmental stages (childhood, adolescence, adulthood and old age - basic characteristics, developmental tasks, cognitive, emotional and social development, personal and family life cycle).

Introduction to Social Psychology (the subject of social psychology, social psychology importance in the context of understanding the social behavior of humans).

Social cognition (definition, specifications, interpersonal perception, the accuracy of interpersonal perception).

Social communication (definition, types and characteristics).

Small social groups (characteristics, classification, evolution and structure, group dynamics, group influences).

**Textbooks and references:**

ATKINSON, R. L. et al., 2007. Psychologie. Praha: Portál. ISBN 80-7178-640-3.

BOROŠ, J., 2001. Základy sociálnej psychológie. Bratislava: Iris. ISBN 80-8901-820-3.

- BOROŠ, J., 2002. Úvod do psychológie. Bratislava: Iris. ISBN 80-8901-835-1.
- HAYESOVÁ, N., 1998. Základy sociální psychologie. Praha: Portál. ISBN 80-7178-763-9.
- HELUS, Z., 2011. Úvod do psychologie. Praha: Grada. ISBN 978-80-247-3037-0.
- KON EKOVÁ, .., 2010. Vývinová psychológia. Prešov: PU. ISBN 978807165811.
- KUBÁNI, V., 2010. Všeobecná psychológia. Prešov: FHPV PU. ISBN 978-80-555-0172-7. Dostupné z: <http://www.pulib.sk/elpub2/FHPV/Kubani5/>.
- LANGMEIER, J. a D. KREJÍ OVÁ, 2006. Vývojová psychologie. Praha: Grada. ISBN 978-80-247-1284-0.
- MATĚJK, J. a J. LANGMEIER, 2011. Psychická deprivace v děstvém. Praha: Karolinum. ISBN 978-80-2461-983-5.
- NÁKONEČNÝ, M., 2000. Lidské emoce. Praha: Academia. ISBN 80-200-0763-6.
- NÁKONEČNÝ, M., 2002. Základy psychologie. Praha: Academia. ISBN 80-200-0689-3.
- NÁKONEČNÝ, M., 2003. Úvod do psychologie. Praha: Academia. ISBN 80-200-0993-0.
- NÁKONEČNÝ, M., 2009. Sociální psychologie. Praha: Academia. ISBN 978-80-200-1679-9.
- NÁKONEČNÝ, M., 2011. Psychologie – pohled základních oborů. Praha: Triton. ISBN 978-80-7387-443-8.
- NÁKONEČNÝ, M., 2013. Lexikon psychologie. Praha: Vodná. ISBN 978-80-7439-056-2.
- ORAVCOVÁ, J., 2005. Sociálna psychológia. Banská Bystrica: FHV UMB. ISBN 80-8083-128-9.
- PLAŠAVA, I., 2005. Průvodce mezičeskou komunikací. Praha: Grada. ISBN 80-2470-858-2.
- POUTHAS, V. a F. JOUEN, 2000. Psychologie novorozence, chování nejmenšího dítěte a jeho poznávání. Praha: Grada. ISBN 80-7169-960-8.
- ÍAN, P., 2007. Cesta životem. Vývojová psychologie. Praha: Portál. ISBN 80-7367-124-7.
- ÍAN, P., 2008. Psychologie. Příručka pro studenty. Praha: Portál. ISBN 80-7367-406-9.
- ÍAN, P., 2009. Psychologie. Praha: Portál. ISBN 978-80-7367-560-8.
- ÍAN, P., D. KREJÍ OVÁ a kol., 2006. Dětská klinická psychologie. Praha: Grada. ISBN 80-2471-049-8.
- SHAPIRO, L. E., 2014. Emoční inteligence dítěte a její rozvoj. Praha: Grada. ISBN 978-80-262-0651-4.
- SHEEHYOVÁ, G., 1999. Průvodce dospělostí. Praha: Portál. ISBN 80-7178-185-1.
- SLAMÍK, I., J. VÝROST a kol., 2003. Aplikovaná sociální psychologie II. Praha: Grada. ISBN 80-2470-042-5.
- SMÉKAL, V., 2007. Pozvání do psychologie osobnosti. Brno: Barrister a Principal. ISBN 80-8659-865-9.
- STUART-HAMILTON, I., 1999. Psychologie stárnutí. Praha: Portál. ISBN 80-7178-274-2.
- VÁGNEROVÁ, M., 2007. Vývojová psychologie II. Dospělost a stáří. Praha: Karolinum. ISBN 978-80-2461-318-5.
- VÁGNEROVÁ, M., 2008. Základy psychologie. Praha: Karolinum. ISBN 978-80-2460-841-9.
- VÁGNEROVÁ, M., 2012. Vývojová psychologie I. Děství a dospívání. Praha: Univerzita Karlova. ISBN 978-80-2462-153-1.
- VYBÍRAL, Z., 2000. Psychologie lidské komunikace. Praha: Portál. ISBN 80-7178-291-2.
- VÝROST, J. a I. SLAMÍK, 2008. Sociální psychologie. Praha: Grada. ISBN 80-2471-428-8.

**Language of instruction:**

**Guarantor's signature and the date of course description's last modification:**  
01.09.2020