

COURSE DESCRIPTION

Code: 5KPP/SOPAV/16**Course title:** Social psychology and socio-psychological training**Field of study:****Guarantor:** Mgr. PhDr. Andrej Nikulin, PhD.**Lectured by:** Department of Christian Pedagogy and Psychology**Semester:**

WT

Contact lessons: Lecture, Seminar**Recommended course load (in lessons):****Weekly:** 2/2**Per course:** 26,26**Number of****ECTS credits:** 5**Prerequisite(s):** 5KPP/VSEVP/15 - General and developmental psychology**Course assessment and completion:** Exam**Continuous assessment:**

The course is followed by an examination. During the semester students receive their practical training on the clock (is a condition of completion of the course). Optionally, the student writes the answer on a given topic and to work independently. In conclusion, the student completes a knowledge test.

To obtain evaluation A (excellent) must get at least 91%, to obtain 81% of B, C rating on at least 71% to 61% of rated D, E for evaluation of at least 51%. A student who receives less than 51% will be evaluated as grade FX. The final score is calculated as the sum of the knowledge assessment test and cast work during the semester, and these may, where student activities account for up to 3.1 points.

Final assessment:

exam

Course objective:

The student:

- Is able to define and interpret their own words the basic concepts of social psychology and relationships between them;
- Can describe, classify and give examples of the use of appropriate methods of social psychology
- Understand the process of socialization, it sees share spiritual realm in this process
- It can own words to explain and justify the operation of attitudes, stereotypes and prejudices and the possibility of influencing
- Is able to characterize and describe examples of the problems of social perception and social perception of errors is gaining increased sensitivity to its own misperception other
- He understands problems of social motivation and can propose methods and means by which it can influence in a positive way
- Sound basis for the functioning of small social groups and work with them and can discuss the possibilities impact on individual groups and vice versa
- Is able to explain the different types of conflicts, to discuss the merits of different ways of solving conflicts in different situations and make appropriate use of their own
- Can describe the types of communication, give examples of use in practice appropriate forms of nonverbal and verbal communication paraverbálnej
- Understands the difference between assertive, passive, manipulative and aggressive communication and can use techniques of assertive communication in conflict situations
- Can explain the specifics of media communication and is aligned to the basic choices of this form of communication
- Understands specifics of communication priest
- Is aligned to the basics of stress, can apply themselves to select appropriate treatment methods and approaches
- Analyze the strengths and weaknesses of the project on strengthening social and psychological competencies
- Satisfies the conditions for successful completion of the follow-themed items

Course content:

Subject and methods of social psychology. Socialization, its content and objectives. Social perception, mistakes when meeting people. Small social groups, the structure of the group and its dynamics. Social motivation, shaping and changing social attitudes. Prejudices and the possibility of improving social relations. Social contact, social interaction. Social communication, its types and principles. Conflicts. Assertiveness. Macro social phenomena and processes. Crowd psychology. Psychology of ethnic communities. Specifics of media communication. Specifics of communication priest. Stress. Practicing relaxation techniques such as selected means of coping with stress. Religious methods of coping with stress. Practicing non-verbal and verbal communication, assertiveness training.

Textbooks and references:

Boros J. : Social Psychology. Bratislava: Iris, 2001. ISBN 80-89018-20-3

CAPPONI, V. Novák, T. : assertive in life. Praha: Grada, 2012. ISBN 978-80-247-3869-7

Drotárová, E.- Drotárová, L. : relaxation methods. A small encyclopedia. How to manage stress. Epoch, Prague 2003. ISBN: 80-86328-12-0

GÁBOROVÁ, L. : Social Psychology for teachers. Prešov: FHPV PU, 2001. ISBN: 808068071X

GÁBOROVÁ, L., Gabor, Z. 2006. Človek in a social context. Prešov: DTI. with. r. about. 2006. ISBN 80-969053-8-4.
 HAYESOVÁ, M. : Introduction to Social Psychology. Praha: Portál, 2013. ISBN: 978-80-262-0534-0
 NAKONEČNÝ, M. : Social Psychology. Prague: Academia, 2009. ISBN 978-80-200-1679-9
 NAKONEČNÝ, M. : Social Psychology Organization. Praha: Grada, 2005. ISBN 80-247-0577-X
 ORAVCOVÁ, J. : Social Psychology. UMB - Fak. Hum. Sciences: Banská Bystrica, 2004. ISBN 80-8055-980-5
 VALIŠOVÁ, A. : Assertiveness in the family and school. Prague: H a H, 1992. ISBN 80-86022-41-2
 VÝROST, J. - SLAMĚNÍK, J. : Social Psychology. Praha: ISV, 1997. ISBN 80-85866-20-X

Magazines: Czechoslovak psychology. Patopsychológia psychology and child. Studies Psychologica.

Language of instruction:

Guarantor's signature and the date of course description's last modification: 01.09.2020