

Vedecko/umelecko-pedagogická charakteristika osoby ¹

Research/art/teacher profile of a person ²

Tlačivo VUPCH určuje štruktúru dát Vedecko/umelecko-pedagogickej charakteristiky osoby pre spracovanie príloh žiadostí SAAVŠ.
The form determines the data structure of the Research/art/teacher profile of a person. It is used for processing the annexes to the Slovak Accreditation Agency for Higher Education (SAAHE) applications.

Dátum poslednej aktualizácie / Date of last update: 26.2.2025

I. Základné údaje / Basic information

I.1 Priezvisko / Surname	Mikuláková
I.2 Meno / Name	Wioletta
I.3 Tituly / Degrees	PhDr. PhD.
I.4 Rok narodenia / Year of birth	1974
I.5 Názov pracoviska / Name of the workplace	Fakulta zdravotníckych odborov, Prešovská univerzita v Prešove / University of Prešov, Faculty of Health Care
I.6 Adresa pracoviska / Address of the workplace	Partizánska 1
I.7 Pracovné zaradenie / Position	Prodekan pre vedecko - výskumnú činnosť a hodnotenie kvality FZO PU v Prešove / Vice-dean for scientific research and quality evaluation, Faculty of Health Care, University of Prešov
I.8 E-mailová adresa / E-mail address	wioletta.mikulakova@unipo.sk
I.9 Hyperlink na záznam osoby v Registri zamestnancov vysokých škôl / Hyperlink to the entry of a person in the Register of university staff	https://www.portalvs.sk/regzam/detail/6677
I.10 Názov študijného odboru, v ktorom osoba pôsobí na vysokej škole / Name of the study field in which a person works at the university	Zdravotnícke vedy / Medical sciences
I.11 ORCID ID ³	https://orcid.org/0000-0002-1189-8771

II. Vysokoškolské vzdelanie a ďalší kvalifikačný rast / Higher education and further qualification growth

	II.a Názov vysokej školy alebo inštitúcie / Name of the university or institution	II.b Rok / Year	II.c Odbor a program / Study field and programme
II.1 Vysokoškolské vzdelanie prvého stupňa / First degree of higher education			
II.2 Vysokoškolské vzdelanie druhého stupňa / Second degree of higher education	Akademia Wychowania Fizycznego w Krakowie / Academy of Physical Education in Krakow	2000	fyzioterapia / physiotherapy
II.3 Vysokoškolské vzdelanie tretieho stupňa / Third degree of higher education	Trnavská Univerzita v Trnave / Trnava University	2010	ošetrovatelstvo / nursing
II.4 Titul docent / Associate professor			
II.5 Titul profesor / Professor			
II.6 Titul DrSc. / Doctor of Science (DrSc.)			

III. Súčasný a predchádzajúce zamestnania / Current and previous employment

III.a Zamestnanie-pracovné zaradenie / Occupation-position	III.b Inštitúcia / Institution	III.c Časové vymedzenie / Duration
Fyzioterapeut / Physiotherapist	Kúpeľný dom „Małopolanka“ v Krynici, Poľská republika / Spa house "Małopolanka" in Krynica, Poland	2000
Fyzioterapeut / Physiotherapist	Mestská nemocnica v Stropkove / Hospital in Stropkov	2004
Odborný asistent, tajomníčka katedry / Assistant professor, Secretary of the department	Katedra fyzioterapie, FZO PU v Prešove / Department of Physiotherapy, Faculty of Health Care, University of Prešov	október / october 2004 - 2012
Vedúca katedry / Head of department	Katedra fyzioterapie, FZO PU v Prešove / Department of Physiotherapy, Faculty of Health Care, University of Prešov	2012 – 2019
Prodekan pre vedecko - výskumnú činnosť a hodnotenie kvality FZO PU v Prešove / Vice-dean for scientific research and quality evaluation, Faculty of Health Care, University of Prešov	FZO PU v Prešove / Faculty of Health Care, University of Prešov	od / since 2019

IV. Rozvoj pedagogických, odborných, jazykových, digitálnych a iných zručností / Development of pedagogical, professional, language, digital and other skills		
IV.a Popis aktivity, názov kurzu (ak išlo o kurz), iné / Activity description, course name, other	IV.b Názov inštitúcie / Name of the institution	IV.c Rok / Year
Rehabilitace pacientu s vestibulárními poruchami / Rehabilitation of a patient with vestibular disorders	Rehabko, s.r.o.- Žilina	2021
DNS – Dynamická neuromuskulární stabilizace podle Koláře – úroveň B / DNS - Dynamic neuromuscular stabilization according to Kolář - level B	Rehabilitation Prague School - Bratislava	2020
Terapia spúšťacích bodov / Trigger point therapy	Prešov	2019
DNS – Dynamická neuromuskulární stabilizace podle Koláře – úroveň A / DNS - Dynamic neuromuscular stabilization according to Kolář - level A	Rehabilitation Prague School - Bratislava	2019
Funkční noha / Functional leg	Košice	2018
PNF – Proprioceptivní Neuromuskulární Facilitace / PNF - Proprioceptive Neuromuscular Facilitation	RehaSpring® – Žilina	2014
Neuromobilizácie v manuálnej terapii / Neuromobilizations in manual therapy	Health Academy Somatik - Prešov	2014
Inštruktor NordicWalking / NordicWalking instructor	Centrum Nordic Walking - Karaków	2013
Taping a jeho využitie vo fyzioterapii / Taping and its use in physiotherapy	Health Academy Somatik - Prešov	2014
Kineziotaping / Kinesiotaping	Health Academy Somatik - Prešov	2013
Koncept posturálnej terapie segmentálnej instability podľa Dr. Raševa pri bolestiach v pohybovom systéme na neuroortopedickej pomôcke POSTUROMED / The concept of postural therapy of segmental instability according to Dr. Rash for musculoskeletal pain on the neurostortic device POSTUROMED	Eureko - Prešov, Institute Dr. Rašev	2011
Stabilizačná posturálna terapia s neuroortopedickou pomôckou PROPRIOMED - systematizácia stabilizačných terapií s oscilujúcimi tyčami v terapii bolesti v muskuloskeletálnom systéme / Stabilization postural therapy with neuroorthopedic device PROPRIOMED - systematization of stabilization therapies with oscillating rods in the treatment of pain in the musculoskeletal system	Eureko - Prešov, Institute Dr. Rašev	2011
SM systém II. / SM system II.	Smíšek - Rehabilitation and regeneration of the spine, Prague	2011
SM systém I. / SM system I.	Smíšek - Rehabilitation and regeneration of the spine, Prague	2010
"Mc-Kenzie metóda - krčná chrbtica" / "Mc-Kenzie Method - Cervical Spine"	McKenzie Institute Slovakia – Žilina	
Vzdelávací seminár "Stabilizační cvičení v zóně ramenního pletence" / Educational seminar "Stabilization exercises in the shoulder area"	Incstruct, Kteřinská 20, Prague	2010
Vzdelávací seminár "Dýchaní v kontextu centrované postury" / Educational seminar "Breathing in the context of a centered posture"	Incstruct, Kteřinská 20, Prague	2010
Základný seminár "Mc-Kenzie metóda" / Basic seminar "Mc-Kenzie method"	McKenzie Institute Slovakia – Žilina	2009
Základný seminár „Bazálna stimulácie v ošetrovateľskej starostlivosti“ / Basic seminar "Basal stimulation in nursing care"	Prešov	2007
Aplikovaná kineziologie, cvičení na míčích a labilních plochách / Applied kinesiology, exercises on balls and unstable surfaces	Incstruct, Kteřinská 20, Prague	2007
Základný seminár „Metóda McKenzie“ / Basic seminar "McKenzie method"	Banská Bystrica	2005
„Letní škola fyzioterapie“ / "Summer School of Physiotherapy"	Incstruct, Kteřinská 20, Prague	2005
Základný kurz „Hlboký stabilizačný systém chrbtice“ / Basic course "Deep spine stabilization system"	Academy of Education, Košice	2006
Mobilizačné techniky / Mobilization techniques	University Hospital with Polyclinic, SNP Class, Košice	2004
Reflexná metodika Vojtova / Vojta reflex methodology	University Hospital with Polyclinic, SNP Class, Košice	2004

V. Prehľad aktivít v rámci pedagogického pôsobenia na vysokej škole

V.1. Prehľad zabezpečovaných profilových študijných predmetov v aktuálnom akademickom roku podľa študijných programov / Overview of the profile courses			
V.1.a Názov profilového predmetu / Name of the profile course	V.1.b Študijný program / Study programme	V.1.c Stupeň / Degree	V.1.d Študijný odbor / Field of study
Kinezioterapia v klinických odboroch 1, 2 / Kinesiotherapy in clinical fields 1, 2	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Terapia posturálnych porúch 1, 2 / Therapy of postural disorders 1, 2	Fyzioterapia / Physiotherapy	II.	zdravotnícke vedy/Healthcare Sciences

Funkčná diagnostika lokomočného systému / Functional diagnostics of the locomotor system	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Fyzioterapeutické metódy a postupy 1, 2, 3 / Physiotherapeutic methods and procedures 1, 2, 3	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Prázdňinová odborná prax 1,2 / Holiday professional practice 1.2	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Základy palpácie a mobilizačných techník / Basics of palpation and mobilization techniques	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Súvislá odborná prax 1, 2, 4 / Continuous professional experience 1, 2, 4	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Klinické cvičenia vo fyzioterapii 3 / Clinical exercises in physiotherapy 3	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Klinické cvičenia vo fyzioterapii 1, 2 / Clinical exercises in physiotherapy 1, 2	Fyzioterapia / Physiotherapy	II.	zdravotnícke vedy/Healthcare Sciences
Špeciálne terapeutické metódy vo fyzioterapii / Special therapeutic methods in physiotherapy	Fyzioterapia / Physiotherapy	II.	zdravotnícke vedy/Healthcare Sciences
Diagnostika funkčných porúch 1, 2 / Diagnostics of functional disorders 1, 2	Fyzioterapia / Physiotherapy	II.	zdravotnícke vedy/Healthcare Sciences

V.2. Prehľad o zodpovednosti za uskutočňovanie, rozvoj a zabezpečenie kvality študijného programu alebo jeho časti na vysokej škole v aktuálnom akademickom

V.2.a Názov študijného programu / Name of the study programme	V.2.b Stupeň / Degree	V.2.c Študijný odbor / Field of study
Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Fyzioterapia / Physiotherapy	II.	zdravotnícke vedy/Healthcare Sciences

V.3. Prehľad o zodpovednosti za rozvoj a kvalitu odboru habilitačného konania a inauguračného konania v aktuálnom akademickom roku / Overview of the responsibility for the development and quality of the field of habilitation procedure and inaugural procedure in the current academic year

V.3.a Názov odboru habilitačného konania a inauguračného konania / Name of the field of habilitation procedure and inaugural procedure	V.3.b Študijný odbor, ku ktorému je priradený / Study field to which it is assigned

V.4. Prehľad vedených záverečných prác / Overview of supervised final theses

	V.4.a Bakalárske (prvý stupeň) / Bachelor's (first degree)	V.4.b Diplomové (druhý stupeň) / Diploma (second degree)	V.4.c Dizertačné (tretí stupeň) / Dissertation (third degree)
V.4.1 Počet aktuálne vedených prác / Number of currently supervised theses	0	4	0
V.4.2 Počet obhájených prác / Number of defended theses	55	51	0

V.5. Prehľad zabezpečovaných ostatných študijných predmetov podľa študijných programov v aktuálnom akademickom roku

V.5.a Názov predmetu / Name of the course	V.5.b Študijný program / Study programme	V.5.c Stupeň / Degree	V.5.d Študijný odbor / Field of study
Akupunktúra a akupresúra / Acupuncture and acupressure	Fyzioterapia / Physiotherapy	II.	zdravotnícke vedy/Healthcare Sciences
Základy palpácie a mobilizačných techník / Basics of palpation and mobilization techniques	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences
Súvislá odborná prax 1, 2, 4 / Continuous professional experience 1, 2, 4	Fyzioterapia / Physiotherapy	I.	zdravotnícke vedy/Healthcare Sciences

VI. Prehľad výsledkov tvorivej činnosti / Overview of the research/artistic/other outputs

VI.1. Prehľad výstupov tvorivej činnosti a ohlasov na výstupy tvorivej činnosti / Overview of the research/artistic/other outputs and the corresponding citations

	VI.1.a Celkovo / Overall	VI.1.b Za posledných šesť rokov / Over the last six years
VI.1.1 Počet výstupov tvorivej činnosti / Number of the research/artistic/other outputs	262	89
VI.1.2 Počet výstupov tvorivej činnosti registrovaných v databázach Web of Science alebo Scopus / Number of the research/artistic/other outputs registered in the Web of Science or Scopus databases	46	28
VI.1.3 Počet ohlasov na výstupy tvorivej činnosti / Number of citations corresponding to the research/artistic/other outputs	225	129
VI.1.4 Počet ohlasov registrovaných v databázach Web of Science alebo Scopus na výstupy tvorivej činnosti / Number of citations registered in the Web of Science or Scopus databases	155	123
VI.1.5 Počet pozvaných prednášok na medzinárodnej a národnej úrovni / Number of invited lectures at the international, national level	12	11

VI.2. Najvýznamnejšie výstupy tvorivej činnosti / The most significant research/artistic/other outputs ⁵

1.	V1: Monografia Psychosociálne a klinické determinanty kvality života pacientov so sclerosis multiplex [print][monography] / Mikuláková, Wioletta [Autor, PUPFZY, 100%]; Drobný, Michal [Recenzent]; Rosinczuk, Joanna Stanisława [Recenzent]; Klímová, Eleonóra [Recenzent]. - 1. vyd. - Prešov : Vydavateľstvo Prešovskej univerzity, 2021. - 143 s. - [slo]. - [OV 180]. - [ŠO 5618]. - ISBN 978-80-555-2875-5. - sign FZ-22 167/21.
2.	ACB Základy fyzioterapie [print] / Kamila Kociová a kol.; Recenzenti Myrón Malý, Peter Takáč. - 1. vyd. - Martin : Vydavateľstvo Osveta, 2013. - 238 s. - ISBN 978-80-8063-389-9. [OV: 180] Kociová Kamila (30%), Homzová Petra (20%), Ištoňová Miriam (17%), Labunová Eva (9%), Mikuláková Wioletta (24%)
3.	ADC Influence of footwear fitting on feet morphology in 9 year old girls [electronic document] / Ewa Puszczalowska-Lizis, Paulina Zarzyczna, Wioletta Mikuláková, Mariusz Migala, Slawomir Jandzis. - In: BMC pediatrics [electronic document]. - ISSN 1471-2431. - Vol. 20, no. 1 (2020), pp. 1-10. Puszczalowska-Lizis Ewa (50%), Zarzyczna Paulina (10%), Mikuláková Wioletta (30%), Migala Mariusz (5%), Jandzis Slawomir (5%)
4.	ADM Influence of Frailty Syndrome on Kinesiophobia According to the Gender of Patients after Coronary Artery Bypass Surgery [electronic document] / Kluszczyńska, Martyna; Mlynarska, Agnieszka; Mikuláková, Wioletta. - In: Healthcare [electronic document]. - ISSN 2227-9032, - Vol. 9, no. 6 (2021), (730). Kluszczyńska Martyna (35%); Mlynarska Agnieszka (35%); Mikuláková Wioletta (30%)
5.	ADC Effect of rehabilitation on fatigue level in patients with multiple sclerosis [print] / Wioletta Mikuláková, Eleonóra Klímová, Lucia Kendrová ... [et al.]. - In: Medical Science Monitor [print, electronic document] : international medical journal of experimental and clinical research. - ISSN 1234-1010. - ISSN 1643-3750. - Vol. 24 (2018), pp. 5761-5770.

VI.3. Najvýznamnejšie výstupy tvorivej činnosti za ostatných šesť rokov / The most significant research/artistic/other outputs over the last six years ⁶

1.	V3: Článok Effect of a six-week times restricted eating intervention on the body composition in early elderly men with overweight [print, elektronický dokument] / Domaszewski, Przemyslaw [Autor, 20%]; Konieczny, Mariusz [Autor, 15%]; Pakosz, Pawel [Autor, 15%]; Lukaniszyn-Domaszewska, Katarzyna [Autor, 15%]; Mikuláková, Wioletta [Autor, PUPFZY, 15%]; Sadowska-Krepa, Ewa [Autor, 15%]; Anton, Steve [Autor, 5%]. - [eng]. - [OV 180]. - [ŠO 5618]. - [article]. - [reviewed]. - DOI 10.1038/s41598-022-13904-9. - sign FZ-22 47/22. - CCC; WOS CC. - In: Scientific reports [elektronický dokument]. - ISSN 2045-2322. - Roč. 12, č. 1 (2022). - Londýn : Nature Publishing Group, art. no. 9816, s. 1-12.
2.	V3: Článok Shape of the sagittal curvatures of the spine in young female volleyball players [elektronický dokument] / Puszczalowska-Lizis, Ewa [Autor, 50%]; Mikuláková, Wioletta [Autor, PUPFZY, 30%]; Fitas, Patrycja [Autor, 10%]; Lizis, Sabina [Autor, 10%]. - [eng]. - [OV 180]. - [ŠO 5618]. - [article]. - [anonym_reviewed]. - DOI 10.3390/app142210142. - sign FZ-24 165/24. - WOS CC; CCC. - In: Applied sciences [elektronický dokument]. - ISSN 2076-3417. - Roč. 14, č. 22 (2024). - Bazilej : Multidisciplinary Digital Publishing Institute, art. no. 10142, s. 1-9.
3.	V3: Článok The influence of various hydration strategies (isotonic, water, and no hydration) on hematological indices, plasma volume, and lactate concentration in young men during prolonged cycling in elevated ambient temperatures [elektronický dokument] / Palka, Tomasz [Autor, 20%]; Koteja, Piotr Michal [Autor, 10%]; Tota, Lukasz [Autor, 10%]; Rydzik, Lukasz [Autor, 10%]; Kopańska, Marta [Autor, 10%]; Kaczorowska, Izabela [Autor, 5%]; Javdaneh, Norollah [Autor, 5%]; Mikuláková, Wioletta [Autor, PUPFZY, 10%]; Wolski, Robert [Autor, 10%]; Ambroz, Tadeusz [Autor, 10%]. - [eng]. - [OV 180]. - [ŠO 5618]. - [article]. - [anonym_reviewed]. - DOI 10.3390/biology12050687. - sign FZ-23 62/23. - SCO; WOS CC; CCC. - In: Biology (Basel) [elektronický dokument]. - ISSN 2079-7737. - Roč. 12, č. 5 (2023). - Bazilej : Multidisciplinary Digital Publishing Institute, s. 1-19.
4.	V1: Monografia Vplyv individuálne prispôbenej fyzickej aktivity na kvalitu života, únavu a hendikep pacientov so sclerosis multiplex [print][monography] / Klímová, Eleonóra [Autor, PUPFZY, 50%]; Mikuláková, Wioletta [Autor, PUPFZY, 50%]; Donáth, Vladimír [Recenzent]; Malý, Myrón [Recenzent]. - 1. vyd. - Prešov : Fakulta zdravotníckych odborov, 2021. - 162 s. - [slo]. - [OV 180]. - [ŠO 5618]. - ISBN 978-80-555-2885-4. - sign FZ-22 215/21.
5.	ACB Fyzioterapia vybraných neurologických ochorení 1 [print] / Wioletta Mikuláková, Dariusz Mucha, Peter Takáč, Eleonóra Klímová, Ewa Puszczalowska-Lizis. - 1. vyd. - Prešov : Vydavateľstvo Prešovskej univerzity, 2020. - 221 s. - ISBN 978-80-555-2658-4. [OV: 180, 060] Mikuláková Wioletta (95%), Mucha Dariusz (5%)

VI.4. Najvýznamnejšie ohlasy na výstupy tvorivej činnosti / The most significant citations corresponding to the research/artistic/other outputs⁷

1.	ADC Effect of rehabilitation on fatigue level in patients with multiple sclerosis [print] / Wioletta Mikuláková, Eleonóra Klímová, Lucia Kendrová ... [et al.]. - In: Medical Science Monitor [print, electronic document] : international medical journal of experimental and clinical research. - ISSN 1234-1010. - ISSN 1643-3750. - Vol. 24 (2018), pp. 5761-5770. Mikuláková Wioletta (55%), Klímová Eleonóra (10%), Kendrová Lucia (20%), Gajdoš Miloslav (10%), Chmelík Marek (5%) [1] 2022. KUENDIG, S., KOOL, J., POLHEMUS, A. et al. Three weeks of rehabilitation improves walking capacity but not daily physical activity in patients with multiple sclerosis with moderate to severe walking disability. In PLoS ONE, ISSN 1932-6203. 2022, roč. 17, č. 9, art. no. e0274348. SCOPUS. [1] 2022. MOUSTAFAA, E.B.S., DARWISH, M.H., EL-TAMAWY, M.S. et al. Fatigue, cognition and inflammatory biomarkers changes in response to computer-based cognitive training in multiple sclerosis patients: A randomized controlled trial. In NeuroRehabilitation, ISSN 1053-8135. 2022, roč. 51, č. 2, s. 315-324. SCOPUS;WOS:000865473200011. [1] 2022. SIRBU, C.A., THOMPSON, D.C., PLESA, F.C. et al. Neurorehabilitation in multiple sclerosis-a review of present approaches and future considerations. In Journal of clinical medicine, ISSN 2077-0383. 2022, roč. 11, č. 23, art. no. 7003. WOS:000896525200001; SCOPUS. [1] 2023. ANDREJEVA, J., MOCKUTE, E., SNIPIENE, G. et al. The impact of WATSU as physiotherapy method on fatigue for people diagnosed with multiple sclerosis. In Acta Balneologica, ISSN 2082-1867. 2023, roč. 65, č. 1. WOS:001027939700003. [1] 2023. FARACLAS, Erin. Interventions to improve quality of life in multiple sclerosis: new opportunities and key talking points. In Degenerative neurological and neuromuscular disease, ISSN 1179-9900. 2023, roč. 13, s. 55-68. WOS:001118631900001. [1] 2023. KANG, J.J., LEE, Hyunho, PARK, B.H. et al. Efficacy of a 4-week nurse-led exercise rehabilitation program in improving the quality of life in women receiving a post-mastectomy reconstruction using the motiva ergonomixtm round silksurface. In International journal of environmental research and public health, ISSN 1661-7827. 2023, roč. 20, č. 1, art. no. 16. SCOPUS. [1] 2023. SINGH, S.J., DAYNES, E., MCAULEY, H.J.C. et al. Balancing the value and risk of exercise-based therapy post-Covid-19: a narrative review. In European respiratory review, ISSN 0905-9180. 2023, roč. 32, č. 170, art no. 230110. WOS:001134627600005; SCOPUS. [1] 2024. PRIGENT, G., AMINIAN, K., GONZENBACH, R.R. et al. Effects of multidisciplinary inpatient rehabilitation on everyday life physical activity and gait in patients with multiple sclerosis. In Journal of neuroengineering and rehabilitation [online], ISSN 1743-0003. 2024 [cit. 2024-09-10], roč. 21, č. 1, art no. 88. WOS:001234430200004; SCOPUS. Dostupný na internete <https://jneuroengrehab.biomedcentral.com/articles/10.1186/s12984-024-01383-0> [1] 2024. PROBST, Y., KINNANE, E. Quality of reporting health behaviors for multiple sclerosis (QuoRH-MS): A scoping review to inform intervention planning and improve consistency of reporting. In Brain and behavior [online], ISSN 2162-3279. 2024 [cit. 2024-09-10], roč. 14, č. 8, art no. e3635. WOS:001291132800001; SCOPUS. Dostupný na internete <https://onlinelibrary.wiley.com/doi/10.1002/brb2.3635>
2.	ADC Influence of frailty syndrome on kinesiophobia according to the gender of patients after coronary artery bypass surgery [print, elektronický dokument] / Martyna Kluszczyńska, Agnieszka Młynarska, Wioletta Mikuláková. - In: Healthcare [elektronický dokument]. - ISSN 2227-9032. - Roč. 9, č. 6 (2021), s. 1-9. [OV: 180] Kluszczyńska Martyna (40%), Młynarska Agnieszka (30%), Mikuláková Wioletta (30%) [1] 2022. ROZMIAREK, M., GRAJEK, M., MALCHROWICZ-MOSKO, E. et al. Polish adaptation of the modified tampa scale of kinesiophobia for fatigue (TSK-F) and the revision of the tampa scale in terms of pain for cancer patient. In International journal of environmental, ISSN 1661-7827. 2022, roč. 19, č. 19, art. no. 12730. SCOPUS;WOS:000866905800001. [1] 2022. WANG, Y.W., QIU, X.X. Kinesiophobia and related factors in cancer patients with TIAPs during the long term: a cross-sectional survey. In Supportive care in cancer, ISSN 0941-4355. 2022, vol. 30, no. 6, s. 4927-4934. WOS:000757330600001;SCOPUS. [1] 2022. WASIUK-ZOWADA, D., BRZEK, A., KRYSZTANEK, E. et al. Kinesiophobia in people with multiple sclerosis and its relationship with physical activity, pain and acceptance of disease. In Medicina (Lithuania), ISSN 1010-660X. 2022, vol. 58, no. 3, art. no. 414. WOS:000778318700001;SCOPUS. [1] 2023. BAJ-KORPAK, J., ZAWORSKI, K., SZYMCZUK, E. et al. Gender as a determinant of physical activity levels and mental health of medical students from Poland and Belarus in the context of the COVID-19 pandemic. In Frontiers in public health [online], ISSN 2296-2565. 2023 [cit. 2023-10-11], roč. 11, art no. 1192068. WOS:001029097400001; SCOPUS. Dostupný na internete <https://www.frontiersin.org/articles/10.3389/fpubh.2023.1192068/full> [1] 2023. THANASARN, B., PIBUL, W., KULCHANARAT, C. et al. A prospective study of 73 patients to compare forward head angle, forward shoulder angle, maximal inspiratory pressure, and self-reported breathing-related symptoms before and after open-heart surgery. In Medical science monitor basic research, ISSN 2325-4416. 2023, roč. 29, art. no. e938802. WOS:000936494100001. [1] 2023. WONG, C.W.Y., YU, D.S.F., LI, P.W.C. et al. The prognostic impacts of frailty on clinical and patient-reported outcomes in patients undergoing coronary artery or valvular surgeries/procedures: A systematic review and meta-analysis. In Ageing research reviews, ISSN 1568-1637. 2023, roč. 85, art. no. 101850. SCOPUS;WOS:000719340100010. [1] 2024. LIU, Y., YE, F., LIU, J. et al. Study of factors influencing early kinesiophobia in older patients after coronary artery bypass grafting in China. In Heart surgery forum, ISSN 1098-3511. 2024, roč. 27, č. 5, s. e504-e510. WOS:001266015400003; SCOPUS. [1] 2024. SHEN, Y., LIU, F., CHEN, M. et al. Incidence and influencing factors of kinesiophobia in patients with coronary disease :a meta-analysis. In Chinese journal of nursing education, ISSN 1672-9234. 2024, roč. 21, č. 5, s. 606-612. SCOPUS. [1] 2024. YERLIKAYA, T., BAGKUR, M., OZKADER, H.B. Assessment of kinesiophobia levels in patients with musculoskeletal pathologies: A demographic, physical, and clinical perspective. In International journal of orthopaedic and trauma nursing, ISSN 1878-1241. 2024, č. 54, art no. 101105. WOS:001242412800001; SCOPUS.
3.	ADC Influence of footwear fitting on feet morphology in 9 year old girls [elektronický dokument] / Ewa Puszczalowska-lizis, Paulina Zarzyczna, Wioletta Mikuláková, Mariusz Migala, Sławomir Jandzis. - In: BMC pediatrics [elektronický dokument]. - ISSN 1471-2431. - Roč. 20, č. 1 (2020), s. 1-10. [OV: 180, 210] Puszczalowska-Lizis Ewa (50%), Zarzyczna Paulina (10%), Mikuláková Wioletta (30%), Migala Mariusz (5%), Jandzis Sławomir (5%) [1] 2020. GARCIA-DOMINGUEZ, Amabel, CLAVER, Juan, SEBASTIÁN, Miguel A. Optimization methodology for additive manufacturing of customized parts by fused deposition modeling (FDM). Application to a shoe heel. In Polymers : elektronický dokument, ISSN 2073-4360. Bazilej, 2020, Roč. 12, č. 9. SCO. [1] 2021. GONZÁLEZ-ELENA, María Luisa, CASTRO-MÉNDEZ, Aurora, CORDOBA-FERNÁNDEZ, Antonio et al. Relationship of the use of short footwear with the development of hallux valgus in a sample of andalusian schoolchildren. In International journal of environmental research and public health : elektronický dokument, print, ISSN 1661-7827; 1660-4601. Bazilej, 2021, Roč. 18, č. 21. SCO ; CCC ; WOS CC. [1] 2022. WILLIAMS, C.M., MORRISON, S.C., PATERSON, K. et al. Young children's footwear taxonomy: An international Delphi survey of parents, health and footwear industry professionals. In PLoS ONE, ISSN 1932-6203. 2022, roč. 17, č. 6, art. no. e0269223. SCOPUS;WOS:000843567600002. [1] 2023. CAI, Y., SONG, Y., HE, M. et al. Global prevalence and incidence of hallux valgus: a systematic review and meta-analysis. In Journal of foot and ankle research [online], ISSN 1757-1146. 2023 [cit. 2023-10-11], roč. 16, č. 1, art no. 63. WOS:001066597700001; SCOPUS. Dostupný na internete <https://footankleres.biomedcentral.com/articles/10.1186/s13047-023-00661-9> [1] 2023. ESCALONA-MARFIL, C., PRATS-PUIG, A., ORTAS-DEUNOSAJUT, X. et al. Children's foot parameters and basic anthropometry – do arch height and midfoot width change?. In European journal of pediatrics, ISSN 0340-6199. 2023, roč. 182, č. 2, s. 777-784. SCOPUS;WOS:000894975700003. [1] 2023. WONG, Ch., BJERGE, Ch.Y., JURCA, A. et al. Protocol article: a cross-sectional evaluation of children's feet and lower extremities. In Methods and protocols, ISSN 2409-9279. 2023, roč. 6, č. 6, art. no. 115. SCOPUS; WOS:001131282100001.

4.	V3 Effect of a six-week times restricted eating intervention on the body composition in early elderly men with overweight [print, elektronický dokument] / Domaszewski, Przemyslaw [Autor, 20%] ; Konieczny, Mariusz [Autor, 15%] ; Pakosz, Pawel [Autor, 15%] ; Lukaniszyn-Domaszewska, Katarzyna [Autor, 15%] ; Mikuláková, Wioletta [Autor, PUPZFY, 15%] ; Sadowska-Krepa, Ewa [Autor, 15%] ; Anton, Steve [Autor, 5%]. - [eng]. - [OV 180]. - [ŠO 5618]. - [article]. - [reviewed]. - DOI 10.1038/s41598-022-13904-9. - sign FZ-22 47/22. - CCC ; WOS CC. - In: Scientific reports [elektronický dokument]. - ISSN 2045-2322. - Roč. 12, č. 1 (2022). - Londýn : Nature Publishing Group, art. no. 9816, s. 1-12. [1*] 2023. LIU, J., YI, P., LIU, F. The effect of early time-restricted eating vs later time-restricted eating on weight loss and metabolic health. In The journal of clinical endocrinology and metabolism : official journal of the Endocrine Society, ISSN 1945-7197. 2023, roč. 108, č. 7, s. 1824-1834. WOS:000924734000001; SCOPUS. [1*] 2023. MARJOT, T., TOMLINSON, J.W., HODSON, L. et al. Timing of energy intake and the therapeutic potential of intermittent fasting and time-restricted eating in NAFLD. In Gut, ISSN 0017-5749. 2023, roč. 72, č. 8, s. 1607-1619. WOS:001006762400001; SCOPUS. [1*] 2023. TERMANNSEN, A.D., VARMING, A., VAN ELST, CH. et al. Feasibility of time-restricted eating in individuals with overweight, obesity, prediabetes, or type 2 diabetes: a systematic scoping review. In Obesity, ISSN 1930-7381. 2023, roč. 31, č. 6, s. 1463-1485. WOS:000990524400002; SCOPUS. [1*] 2023. DA SILVA, B.R., KIRKHAM, A.A., FORD, K.L. et al. Time-restricted eating in breast cancer survivors: effects on body composition and nutritional status. In Nutrition and Cancer : an International Journal, ISSN 0163-5581. 2023, roč. 75, č. 5, s. 1309-1314. WOS:000967920000001; SCOPUS. [1*] 2023. KARRAS, S.N., KOUFAKIS, T., POPOVIC, D.S. et al. A mediterranean eating pattern combining energy and time-restricted eating improves vaspin and omentin concentrations compared to intermittent fasting in overweight individuals. In Nutrients, ISSN 2072-6643. 2023, roč. 15, č. 24, art. no. 5058. SCOPUS; WOS:001130541300001. [1*] 2024. ABDULLAH, S.R., ZIN, R.M.W.M., AZIZUL, N.H. et al. The effect of a combined intermittent fasting healthy plate intervention on anthropometric outcomes and body composition among adults with overweight and obesity: nonrandomized controlled trial. In JMIR formative research [online], ISSN 2561-326X. 2024 [cit. 2024-09-16], roč. 8, art no. e51542. WOS:001221834300001; SCOPUS. Dostupný na internete <https://formative.jmir.org/2024/1/e51542> [1*] 2024. OZCAN, M., ABDELLATIF, M., JAVAHERI, A. et al. Risks and benefits of intermittent fasting for the aging cardiovascular system. In The Canadian journal of cardiology, ISSN 0828-282X. 2024, roč. 40, č. 8, s. 1445-1457. WOS:001289407400001; SCOPUS. [1*] 2024. SEPULVEDA, B., MARIN, A., BURROWS, R. et al. It's about timing: contrasting the metabolic effects of early vs. late time-restricted eating in humans. In Current nutrition reports [online], ISSN 2161-3311. 2024 [cit. 2024-09-16], roč. 13, č. 2, s. 214-239. WOS:001244460900013; SCOPUS. Dostupný na internete <https://link.springer.com/article/10.1007/s13668-024-00532-0> [1*] 2024. FERNÁNDEZ-RODRÍGUEZ, R., GARRIDO-MIGUEL, M., BIZZOZERO-PERONI, B. et al. Time-restricted eating and bone health: a systematic review with meta-analysis. In Nutrients [online], ISSN 2072-6643. 2024 [cit. 2024-09-16], roč. 16, č. 6, art no. 876. WOS:001192832100001; SCOPUS. Dostupný na internete <https://www.mdpi.com/2072-6643/16/6/876> [1*] 2024. EZPELETA, M., CIENFUEGOS, S., LIN, S. et al. Time-restricted eating: watching the clock to treat obesity. In Cell Metabolism, ISSN 1550-4131. 2024, roč. 36, č. 2, s. 301-314. WOS:001180253100001; SCOPUS.
	ADM Muscle and intestinal damage in triathletes [electronic document] / Lukasz Tota, Anna Piotrowska, Tomasz Palka, Malgorzata Morawska, Wioletta Mikuláková, Dariusz Mucha, Magdalena Zmuda-palka, Wanda Pilch. - In: PLoS One [electronic document]. - ISSN 1932-6203. - Vol. 14, no. 1 (2019), pp. 1-9. Tota Lukasz (60%), Piotrowska Anna (5%), Palka Tomasz (5%), Morawska Malgorzata (10%), Mikuláková Wioletta (5%), Mucha Dariusz (5%), Zmuda-Palka Magdalena (5%), Pilch Wanda (5%) [1] 2021. AOYAGI, Atsushi, ISHIKURA, Keisuke, NABEKURA, Yoshiharu. Exercise intensity during olympic-distance triathlon in well-trained age-group athletes: An observational study. In Sports : elektronický dokument, ISSN 2075-4663. Bazilej, 2021, Roč. 9, č. 2, 1-17. [1] 2021. MORAWIN, Barbara, ZEMBRON-LACNY, Agnieszka. Role of endocrine factors and stem cells in skeletal muscle regeneration. In Etudes et Travaux, ISSN 20846762; 24499579. 2021, Roč. 75, 371-384. [1] 2021. RIBEIRO, Filipe M., PETRIZ, Bernardo Assis, MARQUES, Gabriel et al. Is there an exercise-intensity threshold capable of avoiding the leaky gut?. In Frontiers in Nutrition : elektronický dokument, ISSN 2296-861X. Lausanne, 2021, Roč. 8. [1] 2022. BONOMIMI-GNUTZMANN, R., PLAZA-DÍAS, J., JORQUERA-AGUILERA, C. Effect of intensity and duration of exercise on gut microbiota in humans: a systematic review. In International journal of environmental research and public health, ISSN 1661-7827. 2022, roč. 19, č. 15, art. no. 9518. SCOPUS;WOS:000840165700001. [1] 2022. COSTACHE, A.D., ROCA, M., HONCERIU, C. et al. Cardiopulmonary exercise testing and cardiac biomarker measurements in young football players: a pilot study. In Journal of clinical medicine, ISSN 2077-0383. 2022, roč. 11, č. 10, art. no. 2772. SCOPUS;WOS:000801809700001.

VI.5. Účasť na riešení (vedení) najvýznamnejších vedeckých projektov alebo umeleckých projektov za posledných šesť rokov / Participation in conducting (leading) the most important research projects or art projects over the last six years ⁸	
1.	VEGA číslo projektu / VEGA project number : 1/0376/19 Názov projektu / Project title: Risk factors of university students' health in the context of physical activity Trvanie projektu / Project duration: 2019 – 2021 Hlavný riešiteľ / Main researcher: MUDr. Bibiana Vadašová, PhD. Funkcia / Position: researcher
2.	KEGA, číslo projektu / KEGA project number: 012PU- 4/2018 Názov projektu / Project title: The role of nursing in the use of activation techniques in patients with dementia Trvanie projektu / Project duration: 2018 - 2020 Hlavný riešiteľ / Project leader: doc. MUDr. Eleonóra Klímová, CSc. Funkcia / Position: researcher
3.	KEGA, číslo projektu / KEGA project number: 044PU-4/2016 Názov projektu / Project title: Innovation of health-oriented educational tools for future physical education and sports teachers and sports and health professionals Trvanie projektu / Project duration: 2016 - 2018 Hlavný riešiteľ / Project leader: doc. Mgr. Rút Lenková, PhD. Funkcia / Position: researcher
4.	ERASMUS+ KA2 Cooperation for innovation and the exchange of good practices Číslo projektu / Project number: KA226-68A79760 Názov projektu / Project title: The use of innovative education tools in the fields of nursing and emergency medical service Trvanie projektu / Project duration: 2021-2023 Vedúci porjektu / Project leader: PhDr. Wioletta Mikuláková, PhD.
5.	Názov projektu / Project title: Oral Health Education Program For Visually Impaired Children Hlavný riešiteľ projektu / Main researcher: Uniwersytet Medyczny w Lublinie Partneri projektu / Project partners: 1. University of Prešov, 2. Children's Oral Health Foundation, Hungary Obdobie realizácie / Implementation period: 01/09/2021–28/02/2023 Vedúci projektu / Project leader: prof. dr hab. n. med. Renata Chałas Koordinátor projektu za FZO PU v Prešove / Project coordinator for FoHC University of Prešov: PhDr. Wioletta Mikuláková, PhD.

VII. Prehľad aktivít v organizovaní vysokoškolského vzdelávania a tvorivých činností ⁹ /		
VII.a Aktivita, funkcia / Activity, position	VII.b Názov inštitúcie, grémia / Name of the institution, board	VII.c Časové vymedzenia pôsobenia / Duration

Člen / Member	Vedecká rada FZO Prešovskej univerzity v Prešove / Scientific Board of the FoHC, University of Prešov	Od / since 2019
Člen / Member	Rada pre vedu a výskum PU v Prešove / Council for Science and Research, University of Prešov	Od / since 2019
Člen / Member	Edičná Rada Vydavateľstva PU v Prešove / Publishing Council, University of Prešov	Od / since 2019
Člen / Member	Etická komisia PU v Prešove / Ethics Committee, University of Prešov	Od / since 2019
ERASMUS koordinátor / ERASMUS coordinator	Katedra fyzioterapie FZO PU v Prešove / Department of Physiotherapy, FoHC, University of Prešov	2009 - 2012
Podpredseda / Vice-President	Akademický senát FZO PU v Prešove / Academic Senate, University of Prešov	2008 - 2012

študijnom odbore / Overview of international mobilities and visits oriented on education and

VIII.a Názov inštitúcie / Name of the institution	VIII.b Sídlo inštitúcie / Address of the institution	VIII.c Obdobie trvania působenia/pobytu (uviesť dátum odkedy dokedy trval pobyt) / Duration (indicate the duration of stay)	VIII.d Mobilitná schéma, pracovný kontrakt, iné (popísať) / Mobility scheme, employment contract, other (describe)
PPWSZ in Nowy Targ	Poland, 34-400 Nowy Targ, Kokoszków 71	11.10.2021 - 15.10.2021	ERASMUS mobility
University of Rzeszow	Poland, 35-959 Rzeszów, Aleja Rejtana 16c	02.12.2019 - 06.12.2019	ERASMUS mobility
PPWSZ in Nowy Targ	Poland, 34-400 Nowy Targ, Kokoszków 71	05.11.2018 - 09.11.2018	ERASMUS mobility
University of Rzeszow	Poland, 35-959 Rzeszów, Aleja Rejtana 16c	28.11.2017 - 01.12.2017	ERASMUS mobility
PPWSZ in Nowy Targ	Poland, 34-400 Nowy Targ, Kokoszków 71	25.11.2016 - 28.11.2016	ERASMUS mobility
PPWSZ in Nowy Targ	Poland, 34-400 Nowy Targ, Kokoszków 71	25.10.2015 - 30.10.2015	ERASMUS mobility
State School of Higher Education in Biała Podlaska	Poland, 21-500 Biała Podlaska, Siderska, 95/97	24.02.2015 - 27.02.2015	ERASMUS mobility
The University of Physical Education in Krakow	Poland, 31-571 Krakow, al. Jana Pawła II 78	05.04.2022 - 07.04.2022	ERASMUS mobility
The University of Physical Education in Krakow	Poland, 31-571 Krakow, al. Jana Pawła II 78	20.03.2024 -22.03.2024	ERASMUS mobility

IX. Iné relevantné skutočnosti / Other relevant facts ¹⁰

IX.a Ak je to podstatné, uvádzajú sa iné aktivity súvisiace s vysokoškolským vzdelávaním alebo s tvorivou činnosťou /
If relevant, other activities related to higher education or research/artistic/other activities are mentioned

2012 - Bronzová medaila za zásluhy i rozvoj FZO PU v Prešove / 2012 - Bronze medal for merits and development of FoHC, University of Prešov
2014 - cena rektora PU v Prešove za publikačnú činnosť – zdravotné vedy / 2014 - Rector's Award of the University of Prešov for publishing activities - health sciences
2019 - Cena rektora PU v Prešove za publikačnú činnosť - zdravotné vedy / 2019 - Rector's Award of the University of Prešov for publishing activities - health sciences
2021 - Bronzová medaila za významný prínos pre rozvoj PU v Prešove / 2021 - Bronze medal for significant contribution to the development of the University of Prešov
2023 - Zlatá medaila za významný podiel pri rozvoji FZO PU v Prešove / 2021 - Gold medal for significant contribution to the development of the FHC University of Prešov